

Of Choice, Happiness, and Restoration - [Alma 41:5-15](#)

- 1) What role does choice play in our happiness? (See Verses 3, 4, 6, 7, and 8)
- 2) How is “restoration” defined? (See Verses 10, 12-15—especially **13 & 15**)
- 3) Why is a relationship with Heavenly Father & Jesus Christ so critical to our happiness? (See Verses **8 & 11**)

3 And it is requisite with the justice of God that men should be judged according to their works; **and if their works were good in this life, and the desires of their hearts were good, that they should also, at the last day, be restored unto that which is good.** 4 And if their works are evil they shall be restored unto them for evil.... 6 And so it is on the other hand. **If he hath repented of his sins, and desired righteousness until the end of his days, even so he shall be rewarded unto righteousness.**

7 These are they that are redeemed of the Lord; yea, these are they that are taken out, that are delivered from that endless night of darkness; and thus they stand or fall; **for behold, they are their own judges, whether to do good or do evil.**

8 Now, the decrees of God are unalterable; therefore, **the way is prepared that whosoever will may walk therein and be saved.**

9 And now behold, my son, do not risk one more offense against your God upon those points of doctrine, which ye have hitherto risked to commit sin.

10 **Do not suppose**, because it has been spoken concerning restoration, **that ye shall be restored from sin to happiness.** Behold, I say unto you, wickedness never was happiness.

11 And now, my son, **all men that are in a state of nature, or I would say, in a carnal state**, are in the gall of bitterness and in the bonds of iniquity; they are without God in the world, and they **have gone contrary to the nature of God; therefore, they are in a state contrary to the nature of happiness.**

12 And now behold, is the meaning of the word restoration to take a thing of a natural state and place it in an unnatural state, or to place it in a state opposite to its nature?

13 O, my son, this is not the case; but **the meaning of the word restoration is to bring back again evil for evil, or carnal for carnal, or devilish for devilish—good for that which is good; righteous for that which is righteous; just for that which is just; merciful for that which is merciful.**

14 Therefore, my son, see that you are merciful unto your brethren; deal justly, judge righteously, and do good continually; and if ye do all these things then shall ye receive your reward; yea, **ye shall have mercy restored unto you again; ye shall have justice restored unto you again; ye shall have a righteous judgment restored unto you again; and ye shall have good rewarded unto you again.**

15 For **that which ye do send out shall return unto you again, and be restored**; therefore, the word restoration more fully condemneth the sinner, and justifieth him not at all” ([Alma 41:5-15](#)).