

Singing Time – 3/8/2020

I can receive the Holy Ghost
and keep trying to be like Jesus.

Wiggle Songs for Transition Time

271 – I Wiggle
273 – My Hands
275a – Head, Shoulders, Knees, and Toes
276 – Do As I'm Doing
177 – Teach Me to Walk in the Light

JR. OPENING EXERCISES:	1:10 – 1:15 PM
JR. SINGING TIME:	1:15 - 1:30 PM
SR. OPENING EXERCISES:	1:35 – 1:40 PM
SR. SINGING TIME:	1:40 – 2:00 PM

Key Point	Page	Singing Time Songs	Activities: Enlarge these pix
Present: H.F. has wrapped gifts for us in the scriptures When we don't read them, it's like saying, "I don't believe there's a present in that box. No thanks!"	96	Today we'll sing about some ways we can receive the Holy Ghost and other gifts HF has for us A: Faith – Believe God's words and act on them – takes faith to jump over filth of the world	1: Actions (see below) 2: Pole vault across the river of dirty water for each phrase
Telephone: To talk to someone else, we have to pick up the phone	12	B: A Child's Prayer (Verse 2) – Believe He wants to talk to us; make time to talk to Him; push doubtful thoughts away like a volleyball	Great & spacious building volleyball: Decide if the phrase is a "great and spacious building phrase" or "iron rod phrase;" that side of room stands as sing
Bubbles: If I ask advice but don't listen, I'm popping the bubble that protects me	107	C: Listen, Listen – Take quiet time to listen for answers, which come softly like bubbles	Sit in the "field of the world" and watch the wind blow the bubbles. Sing in your head. When last bubble pops, tell what word we are on.
Hula hoop: What goes around comes around	136	D: Love One Another – Love and serve others as Jesus did	ASL OR sing back-to-back w/ arms linked and swap who faces front on each phrase

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<p>Treat cups and food scriptures: If I invited you to dinner, would you be satisfied if I served you this?</p> <p>Taste v. sample v. feast</p> <p>“Feast upon the word of Christ, for the words of Christ will tell you all things what ye should do...”</p>	<p>#274</p>	<p>The Iron Rod</p> <p>JR: Actions with Rhythm Sticks or Hands (from Camille’s Primary Ideas):</p> <ul style="list-style-type: none"> • Nephi seer of olden time: tap sticks up (growing old) • a vision: big circle • holy word sublime: rainbow • shown iron rod: tap in front • Hold to the rod: tap R then L • the iron rod: tap straight • 'tis strong: tap biceps • and bright: tap top of head • and true: tap over heart • The iron rod: tap straight • is the word of God: rainbow <p>'twill safely guide us through: tap above head then forward (like air traffic control guides)</p>	<p>1: Pop-up Singing Worksheets 2: Tree of Life Ring Toss & Scripture Chase (Toss a beanbag or ring as ½ Primary sings, then ½ look up related scripture)</p> <p>Feast: (2 Nephi 32:3 & 31:20) Apples: (Proverbs 7:2 & 25:11) Bread: (Luke 4:4); (John 6:35) Butter: (2 Nephi 17:15) Eggs: (Luke 11:12) Figs: (Matthew 7:16) Fish: (Luke 11:11) Fruits: (3 Nephi 14:16) Grapes: (Luke 6:44) Honey: (D&C 38:18) Meat: (1 Corinthians 3:2) Milk: (1 Peter 2:2) Olives: (James 3:12) Salt: (Matthew 12:13) Water: (John 4:14)</p>
<p>Press forward</p>	<p>158 120</p>	<p>Dare to Do Right OR Nephi's Courage (Verse 3)</p>	<p>1: Actions (See below) 2: Punch Through Mists of Darkness (Truth or Dare) Game – Put scripture verse or dare in each cup</p>
<p>The whole point of everything we do in the church is to help us follow Jesus so that we can receive the Holy Ghost's comfort, guidance, direction, and protection.</p> <p>When we work to “receive the Holy Ghost” and “feast upon the words of Christ,” Heavenly Father will tell us what to do to “endure” the hard times in our lives.</p> <p>Pass out snack packs of cookies or crackers with scripture reading cards attached that remind them to “feast on the words of Christ” every day</p>	<p>106</p> <p>Music</p>	<p><i>The Still Small Voice</i></p> <p>OR</p> <p>I Will Be What I Believe</p>	<p>Balance on the straight and narrow path by holding onto the rod as you gather “truths” on the way to eternal life (kids hold to rod as walk balance beam and have to lean over to pick up pictures of gospel truths)</p> <ul style="list-style-type: none"> • Still small: Whisper & sing in a tiny voice • Spirit speaks: Make voice scoop up and down • To guide/save: Staccato voice • Evil: Growly voice, cover eyes • Try: Hop • Lead: Wave arms • Direct: Point to R • Protect: Face L & cross arms over chest • Give/light: Sunburst hands away from you • Listen: Cup ear • The Holy Ghost will whisper: Whisper • Listen: Cup ear • Still small: Whisper & sing in a tiny voice

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Actions for Faith

- Faith (cup hand and whisper sing it)
 - Is knowing (point to head)
 - The sun will rise (cross then open arms like sun rising)
 - Lighting each new day (palms up, spread hands as you spin)
 - Faith (cup hand and whisper sing it)
 - Is knowing (point to head)
 - The Lord (point upward with open palm)
 - Will hear (cup ear)
 - My prayers (fold arms)
 - Each time (point to “wristwatch”)
 - I pray (fold arms)
 - Faith (cup hand and whisper sing it)
 - Is like a little seed (curl up on grown)
 - If planted (wiggle self like you are burrowing into ground)
 - It will grow (slowly stand up and wiggle arms like shoots growing)
 - Faith (cup hand and whisper sing it)
 - Is a swelling (stretch arms to the sides as wide as you can)
 - Within my heart (cross hands over heart)
 - When I do right (stand with hands on hips and nod yes)
 - I'll know (point to head).
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Actions for Dare to Do Right

- Dare: Jump forward w/ arms like and legs bent like weightlifting
 - To do right: Jump with hands down to sides
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - To be true: Jump with hands straight up in air over head
 - You have a work: Point finger repeatedly
 - That no other can do: Shake finger and head “no”
 - Do it so bravely: Spin with palms up, then V with arms when facing front
 - So kindly: Spin again, then when facing front cross hands over heart
 - So well: Spin again, then when facing front, put palms up out wide to side
 - Angels: Gesture upward with both hands
 - Will hasten: Run in place
 - The story to tell: Put hands like a story book in front of you
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - To do right: Jump with hands down to sides
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
 - Dare: Jump forward w/ arms like and legs bent like weightlifting
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