

Personal Preparedness Survey

Instructions: Read each item. Check off everything you have done. Prioritize what you have not done.

- 1) I know which natural disasters are most likely to occur in my area.
- 2) I have a family evacuation plan and emergency meeting place.
- 3) I have a family communication plan.
- 4) I have practiced my family evacuation plan and communication plan.
- 5) I have working smoke alarms.
- 6) I have (and know how to operate) the fire extinguishers in my home.
- 7) I do not have heavy objects hanging over beds that could fall in an earthquake.
- 8) I have secured my water heater, tall furniture, heavy appliances, and shelves in case of earthquake.
- 9) I know how to shut off my gas and can easily locate the tool needed to do so.
- 10) I know how to shut off my water.
- 11) I have a working flashlight that is easily accessible.
- 12) I have a pair of very sturdy shoes that are easily accessible.
- 13) I have a 72-hour kit for each member of my family.
- 14) I am familiar with several alternate routes to and from my home.
- 15) I keep the gas tank in my car at least half full.

- 16) I always keep my car keys and personal identification in a place where I can locate them quickly in an emergency.
- 17) I have duplicate keys and copies of important insurance documents stored outside my home.
- 18) I have a map of the local area and a compass in my 72-hour kit.
- 19) I have stored a hat, a dust mask, eye protection, sunblock, mosquito repellent, a whistle, and 50 feet of nylon rope in my 72-hour kit.
- 20) I have stored first aid supplies and an emergency radio in my 72-hour kit.
- 21) I know basic first aid to help others.
- 22) I have stored items for making a portable shelter to protect me from the weather (tent, poncho, garbage bags, nylon cord, duct tape, space blanket).
- 23) I have stored at least \$20 cash in my 72-hour kit (\$1 bills and change).
- 24) I have stored entertainment activities (small toys, games, paper and pen, hard candy) in my 72-hour kit.
- 25) I have stored copies of important documents (marriage and birth certificates, social security cards, insurance forms, wills, phone numbers, credit card information in a portable, waterproof container).
- 26) I have stored at least 9 gallons of drinking water per person and a means of water purification. (The minimum recommended for 72 hours.)
- 27) I have food for 3 days in my 72-hour kit, and a 3-month supply of foods I eat regularly in food storage.

Personal Preparedness Survey

- 28) I have stored a manual can opener, a pocket knife, and other tools.
- 29) I have stored critical medications.
- 30) I have stored infant formula, diapers, and pet food/water.
- 31) I have stored light sources (flashlight, extra batteries, matches in a waterproof container, 100-hour candles).
- 32) I have stored heat sources (55-gallon drums of kerosene, charcoal briquettes, #10 emergency candles, wood, propane, coal, portable generator).
- 33) I have stored enough supplies (i.e., dish soap, feminine hygiene supplies, laundry detergent, toilet paper) to last for 3 months.
- 34) I have a personal hygiene kit in my 72-hour kit (soap, toothbrush and toothpaste, brush/comb, sanitary napkins, razor, toilet paper).
- 35) I have stored cold weather protection (hat, gloves, scarf) and bedding.
- 36) I have stored a complete change of clothes for each family member.
- 37) I avoid debt.
- 38) I spend less than I earn.
- 39) I am working to build financial reserves.
- 40) I am continually working to improve and update my education, knowledge, and professional skills.
- 41) I store multi-vitamins.
- 42) I rotate my food storage regularly.

- 43) I search and ponder the scriptures daily.
- 44) I pray meaningfully every day.
- 45) I re-read or listen to conference talks.

Other Thoughts That Occurred to Me As I Worked Through This Checklist: