

Wiggle Songs

198a – A Happy Family
197b – Quickly I'll Obey
198b – When We're Helping
261 – Here We Are Together

Sharing Time – July 8

Family prayer, scripture study, and
FHE can strengthen my family.

Goals

Feel Heavenly Father's Love
Learn & understand the Gospel
Feel and recognize the H.G.
Prepare to make & keep cov.

Opening Exercises	JR: 2:15 – 2:25	SR: 3:10 – 3:20
Singing Time	JR: 2:25 – 2:45	SR: 3:20 – 3:40
Sharing Time & Closing Song/Prayer	JR: 2:45 – 3:05	SR: 3:40 – 4:00

SHARING TIME

WHAT things has Heavenly Father asked our families to do?

The Family: A Proclamation to the World:

"Successful...families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities." ([Friend, June 2009 Coloring Page](#))

FAITH: We can strengthen our family members by strengthening their faith.

Attention-getting Activity:

Show a picture of a tree: Ask a child to break a twig, then a branch, then the trunk (could also do with one pencil v. a bundle of pencils)

What makes the tree strong? (Water, sunlight, minerals in the soil, etc.)

Today we are going to talk about how we can make our families strong.

HOW can we strengthen the faith of our family members?

Doctrine: Elder Robert D. Hales of the Quorum of the Twelve Apostles explained, "The key to strengthening our families is having the Spirit of the Lord come into our homes" ("Strengthening Families: Our Sacred Duty," *Liahona*, July 1999, 38; *Ensign*, May 1999, 33).

Question: How do you think you would feel if Jesus could be by your side all the time? Listen to this song as you think about your answer.

Song: If the Savior Stood Beside Me

The Holy Spirit (or Holy Ghost) can help us feel like Jesus is with us all the time. He teaches us how to be happy and what to do when we are sad, scared, or worried.

Today, we are going to talk about three things you can do to invite the Holy Ghost into your home.

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FAMILY PRAYER: Show Gospel Art Kit Picture 606

Song: *Family Prayer* – 189 (Act out)

Let us gather in a circle - Each class holds hands (ring-around-the-rosie style) and walks in a circle

And kneel in family prayer – Everyone kneels facing each other and folds arms

To thank our Heavenly Father – Flat hand points up

For the blessings we all share – Cross hands and then spread them

JR Story: [What Daniel Forgot Rebus Story](#) (children help me read from a poster-size version)

SR Story: [So Much to Talk About](#) (Children do readers' theater in groups of 3, 1st pg. only)

What should we pray about in family prayer?

JR: Scripture & Personal Example: James 5:16: “[Confess](#) your faults one to another, and [pray](#) one for another, that ye may be healed. [The effectual fervent prayer of a righteous man availeth much.](#)” (Story about my mom’s prayers)

SR: Scriptural Story Switches – Alma’s Family ([Mosiah 27:11 & 14](#)) & Jared’s Family (Ether 1:33-38)

Why do we pray?

Recite Scripture with ASL: 3 Nephi 18:21: “[Pray](#) in your **families** unto the **Father**, always in my **name**, that your **wives** and your **children** may be **blessed**.”

FAMILY SCRIPTURE STUDY: Show Primary Picture 1-36

Song: *Scripture Power (Music) or Search, Ponder, & Pray* – 109 (Play heads/tails to decide: Stand if they predict heads, sit if they predict tails, then helper flips a coin to see)

Doctrine: [How Can the Scriptures Help Me?](#)

2 Nephi 32:3: “Wherefore, I said unto you, [bfeast](#) upon the [cwords](#) of Christ; for behold, the words of Christ will [dtell](#) you all things what ye should do.”

Scriptural Example: Joseph Smith

JR: What would be a fun way to read scriptures at home? How does your family do it?

SR: What is your favorite scripture and why?

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FAMILY HOME EVENING: Show Primary Pictures 2-2, 1-6, 2-42, and 1-51

Song: *The Family* – 194

- 1) Listen to the song.
- 2) Sing along if you know the song.
- 3) Act out things you like to do with your family as you listen.
- 4) Optional: [Establish a House \(FHE Coloring Page\)](#)

Scriptural Example: [Moses 5:12](#) – “And Adam and ^aEve blessed the name of God, and they made all things ^bknown unto their sons and their daughters.” (In other words, they had Family Home Evening!)

What is Family Home Evening? (Spending time together without distractions)

Why is FHE important? (Because it helps us get to know one another, serve one another, and love one another, and that builds our faith and gives us power.)

How can we show love to one another? - [3 Nephi 11:29](#) - “He that hath the spirit of contention is not of me, but is of the devil, who is the father of contention, and he stirreth up the hearts of men to contend with anger, one with another.” (Kind words and deeds)

[Faith is Like a Seed](#) (Poem) – Act out

Faith gives us power! - 2,000 Stripling Warriors: [Alma 56: 47-48](#) – “47 Now they never had fought, yet they did not fear death; and they did think more upon the ^aliberty of their ^bfathers than they did upon their lives; yea, they had been taught by their ^cmothers, that if they did not doubt, God would deliver them. 48 And they rehearsed unto me the words of their ^amothers, saying: We ^bdo not doubt our mothers knew it.”

What if our parents don't teach us? (Sometimes we must set the example)

Examples of children who strengthen their families:

Olivia – Got her mom to go to church

Rex and Benson – Got their mom and dad to share their feelings about Jesus with others

[Honoring Our Parents](#) – Even if they don't, keep commandments, we can

How can we plan FHE? [FHE in 7 Easy Steps \(p. 2\)](#) & [FHE Assignments Wheel](#)

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WHY is it important to have family prayer, family scripture study, and Family Home Evening?

When your family prays together, studies the scriptures, spends time together, and shows love to one another, you strengthen each other and invite the Spirit into your lives. That will help you to be happy.

Turn & Talk:

- 1) What are 3 things we can do to invite the Spirit of the Holy Ghost into our homes? (Family prayer, family scripture study, and Family Home Evening)
- 2) Why is it important for us to have the Spirit with our families? (Faith, safety, happiness)
- 3) Name one thing you will do to strengthen your family this week.

Challenge: Remind your family to have family prayer, family scripture study, and family time each day this week. Bring your completed charts to Sis. Montgomery for a treat.

Testimony: If we are going to spend forever with our families, we need to get to know them so that we learn how to love them. We also need to help each other remember to pray, study the scriptures, and be kind to one another so that we can have the Spirit in our home. The Spirit is what makes us want to be with each other and take care of each other.

Closing Song: *Families Can Be Together Forever* – 188 or *The Family Is of God* (Verses 1-3)

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Possible links to follow-up activities to post on Ward Facebook page to remind children to work on their action plans this week:

JR: I Can Help My Family Be Happy (Matching Game)

https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jun37_activity.jpg

JR: I Can Strengthen My Family (Paper Chain Picture Activity)

<https://www.lds.org/liahona/2004/06/strengthening-my-family?lang=eng>

SR: 15 Ways to Strengthen Your Family (Missing Words & Wordsearch)

<http://media.ldscdn.org/pdf/magazines/friend-september-2015/2015-09-17-15-ways-to-strengthen-your-family-eng.pdf>

SR: Our Family Will Be Strong (Action Plan Handout)

https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jul17_sharing.jpg

I'm Glad You're My Dad (Less Active)

<http://media.ldscdn.org/pdf/magazines/friend-february-2013/2013-02-08-glad-youre-my-dad-eng.pdf>

Frankie, Child of God (Foster Family & HF)

<https://www.lds.org/bc/content/ldsorg/children/resources/topics/family/Frankie-Child-of-God-2005-02-friend.pdf>