

### Wiggle Songs

198a – A Happy Family  
197b – Quickly I'll Obey  
198b – When We're Helping  
261 – Here We Are Together

## Sharing Time – July 8

Family prayer, scripture study, and  
FHE can strengthen my family.

### Goals

Feel Heavenly Father's Love  
Learn & understand the Gospel  
Feel and recognize the H.G.  
Prepare to make & keep cov.

Opening Exercises	JR: 2:15 – 2:25	SR: 3:10 – 3:20
Singing Time	JR: 2:25 – 2:45	SR: 3:20 – 3:40
Sharing Time & Closing Song/Prayer	JR: 2:45 – 3:05	SR: 3:40 – 4:00

### SHARING TIME

#### Heavenly Father wants us to strengthen our families.

**Tree Object Lesson: Play:** *I Have a Family Tree – 199* as you invite children to try to break a twig, a branch, the trunk of a tree (Which is easier & why? What makes the tree trunk so strong?)

Today we are going to talk about three ways we can make our families strong.

#### Matching Game – Scriptures to Pictures (Post leaves and images on a tree)

**Gospel Art Kit Picture 606** - 3 Nephi 18:21: “**Pray** in your **families** unto the **Father**, always in my **name**, that your **wives** and your **children** may be **blessed**.” (Recite with ASL)

**Primary Picture 1-36** - [2 Nephi 32:3](#): “Wherefore, I said unto you, **feast** upon the **words** of Christ; for behold, **the words of Christ will tell you all things what ye should do**.” (Discuss meaning of “feast”)

**Primary Pictures 2-2, 1-6, 2-42, and 1-51** - [Moses 5:12](#) – “And Adam and **Eve** blessed the name of God, and they made all things **known** unto their sons and their daughters.”

Elder Robert D. Hales of the Quorum of the Twelve Apostles explained, “**The key to strengthening our families is having the Spirit of the Lord come into our homes**” (“Strengthening Families: Our Sacred Duty,” *Liahona*, July 1999, 38; *Ensign*, May 1999, 33).

**Sponge Object Lesson:** Just like the tree’s leaves soak up the sunlight and the trees roots soak up the water and minerals from the soil and feed them to the rest of the tree, we can soak up the light of Jesus Christ and His “living water” and share it with the people around us.

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**FAMILY PRAYER:** Show Gospel Art Kit Picture 606

**What is family prayer?**

**Act out song:** *Family Prayer – 189*

**JR:** **Rebus Story** [What Daniel Forgot](#)

**SR:** **Reader's Theater:** [So Much to Talk About](#)

**Why do we have family prayer?**

**Recite Scripture with ASL:** 3 Nephi 18:21: “[Pray](#) in your **families** unto the **Father**, always in my **name**, that your **wives** and your **children** may be **blessed**.”

**How does family prayer help us?**

**James 5:16:** “...[The effectual fervent prayer](#) of a righteous man availeth much.”

Does the tree need sunlight only once a year? What about water? The same is true of us—just as the tree needs regular nourishment, we need to stay in regular communication with our Heavenly Father.

**JR:** **Story about mom's prayers**

**SR:** **Scriptural Story Switches** – Alma's Family ([Mosiah 27:11 & 14](#)) & Jared's Family (Ether 1:33-38)

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### **FAMILY SCRIPTURE STUDY:** Show Primary Picture 1-36

**What are scriptures?** (The words of God as revealed to the prophets)

#### **Leaves or Roots (i.e., Heads or Tails) to Choose Favorite Song About Scriptures:**

*Book of Mormon Stories – 118 v. The Golden Plates – 86b; The Books in the Book of Mormon – 118 v. The Books in the New Testament – 116; Scripture Power – Music v. Search, Ponder, & Pray – 109*

**Exercise** our faith as we sing: Jumping jacks (leaves stretch to sky) or squats/push-ups (push roots into the ground)

**Why do we study the scriptures?**

What did **Joseph Smith** do every time he had a question?

**Scriptures give us direction, power, testimony:** **2 Nephi 32:3:** “Wherefore, I said unto you, bfeast upon the swords of Christ; for behold, **the words of Christ will atell you all things what ye should do.”**

Trees grow best when they FEAST on the water and the sunlight. It keeps them from drying out and burning up when they face hard times. The same is true of us.

**How does your family study the scriptures?** (*Search, Ponder, & Pray – 109*)

**Scripture Hot Potato Game:** Pass the “stick of Judah” (i.e., the Bible) and the “stick of Joseph” (i.e., Book of Mormon) (i.e., the scriptures) around. When the song stops, answer one of the questions below:

**JR:**

Who is your favorite scripture hero?

What is your favorite scripture story?

What would be a **fun way to read** scriptures at home? How does your family do it?

**SR:** What is your **favorite scripture** and why?

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**FAMILY HOME EVENING:** Show Primary Pictures 2-2, 1-6, 2-42, and 1-51

**What is Family Home Evening?** (Spending time together without distractions)

**Song:** *The Family* – 194 (Optional: [Establish a House \(FHE Coloring Page\)](#))

- 1) Listen to the song.
- 2) Sing along if you know the song.
- 3) Act out things you like to do with your family as you listen.

**Moses 5:12** – “And Adam and <sup>a</sup>Eve blessed the name of God, and they made all things <sup>b</sup>known unto their sons and their daughters.” (In other words, they had Family Home Evening!)

**How can we show love to our families?** (Kind words and actions)

**3 Nephi 11:29** - “He that hath the spirit of contention is not of me, but is of the devil, who is the father of contention, and he stirreth up the hearts of men to contend with anger, one with another.” (Contention is like an ax that chops our family tree)

**Personal Stories:** Ethiopian, spider legs, pretending to spit, my side of the seat v. flowers with faith on cup

**Examples of children who strengthen their families:**

Olivia – Got her mom to go to church; Rex & Benson – Got parents to share feelings about Jesus with others

[Honoring Our Parents](#) – Even if they don't, keep commandments, we can

**Why is FHE important?** (Because it helps us get to know one another, serve one another, and love one another, and that builds our faith and gives us power.)

**Faith is Like a Seed** (Poem) – Act out

Faith gives us power! - 2,000 Stripling Warriors: **Alma 56: 47-48** – “47 Now they never had fought, yet they did not fear death; and they did think more upon the <sup>a</sup>liberty of their <sup>b</sup>fathers than they did upon their lives; yea, they had been taught by their <sup>c</sup>mothers, that if they did not doubt, God would deliver them. 48 And they rehearsed unto me the words of their <sup>a</sup>mothers, saying: We <sup>b</sup>do not doubt our mothers knew it.”

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### WHY is it important to have family prayer, family scripture study, and Family Home Evening?

When your family prays together, studies the scriptures, spends time together, and shows love to one another, you strengthen each other and invite the Spirit into your lives. That will help you to be happy.

### Turn & Talk:

- 1) What are 3 things we can do to invite the Spirit of the Holy Ghost into our homes? (Family prayer, family scripture study, and Family Home Evening)
- 2) Why is it important for us to have the Spirit with our families? (Faith, safety, happiness)
- 3) Name one thing you will do to strengthen your family this week.

**Challenge:** Remind your family to have family prayer, family scripture study, and family time each day this week. Bring your completed charts to Sis. Montgomery for a treat.

### The Family: A Proclamation to the World:

*"Successful...families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities." ([Friend, June 2009 Coloring Page](#))*

**Testimony:** If we are going to spend forever with our families, we need to get to know them so that we learn how to love them. We also need to help each other remember to pray, study the scriptures, and be kind to one another so that we can have the Spirit in our home. The Spirit is what makes us want to be with each other and take care of each other.

**Closing Song:** *Families Can Be Together Forever* – 188 or *The Family Is of God* (Verses 1-3)

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**Possible links to follow-up activities to post on Ward Facebook page to remind children to work on their action plans this week:**

How can we plan FHE? [FHE in 7 Easy Steps \(p. 2\)](#) & [FHE Assignments Wheel](#)

JR: I Can Help My Family Be Happy (Matching Game)  
[https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jun37\\_activity.jpg](https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jun37_activity.jpg)

JR: I Can Strengthen My Family (Paper Chain Picture Activity)  
<https://www.lds.org/liahona/2004/06/strengthening-my-family?lang=eng>

SR: 15 Ways to Strengthen Your Family (Missing Words & Wordsearch)  
<http://media.ldscdn.org/pdf/magazines/friend-september-2015/2015-09-17-15-ways-to-strengthen-your-family-eng.pdf>

SR: Our Family Will Be Strong (Action Plan Handout)  
[https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jul17\\_sharing.jpg](https://www.lds.org/bc/content/shared/content/images/gospel-library/magazine/fr09jul17_sharing.jpg)

[How Can the Scriptures Help Me?](#)

I'm Glad You're My Dad (Less Active)  
<http://media.ldscdn.org/pdf/magazines/friend-february-2013/2013-02-08-glad-youre-my-dad-eng.pdf>

Frankie, Child of God (Foster Family & HF)  
<https://www.lds.org/bc/content/ldsorg/children/resources/topics/family/Frankie-Child-of-God-2005-02-friend.pdf>