

Wiggle Songs

198 – A Happy Family
199 – I Have a Family Tree
241a – Birds in the Tree
261 – Here We Are Together
198b – When We're Helping

Sharing Time – July 1

Heavenly Father planned for me to come to a family.

Goals

Feel Heavenly Father's Love
Learn & understand the Gospel
Feel and recognize the H.G.
Prepare to make & keep cov.

Opening Exercises	JR: 2:15 – 2:25	SR: 3:10 – 3:20
Singing Time	JR: 2:25 – 2:45	SR: 3:20 – 3:40
Sharing Time & Closing Song/Prayer	JR: 2:45 – 3:05	SR: 3:40 – 4:00

SHARING TIME

WHAT is a family?

Question: What do you notice about these pictures? (1-6, 1-7, 1-10, 1-36, 1-53, 2-2, 7-5)

Doctrine: Choose children to read aloud the first two paragraphs of [I Can Live with My Father in Heaven Again](#). Families come in all different colors, shapes, & sizes, speak different languages, and they like to do different things together.

Everyone has a biological family that they were born into, but sometimes they also have other people who take care of them as they grow up: relatives like grandparents or aunts and uncles, step-families, foster families, and adoptive families. The scriptures teach us a lot about families:

Activity: Match the person labeled in each picture to the person who raised them

Adam & Eve (GAK 101) – Raised by Heavenly Father
Esther (GAK 125) – Raised by a **relative** (her cousin Mordechai)
Isaac – Raised by **aging parents** (Abraham and Sarah)
Jesus (GAK 201) - Raised by a **step-father** (Joseph)
Moses (GAK 106) – Raised by an **adoptive mother** (Pharoah's daughter)
Samuel (6-34) – Raised by a **foster parent** (Eli, the priest)

Optional Story: [A Perfect Match](#) (have children act out various elements of the story as you tell it, such as jumping off a bike, bursting through a door, etc.)

Doctrine: No matter what your family looks like, you are important to your family, and your family is important to you, even if it doesn't feel that way sometimes!

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WHY do we have families?

Listen to this song to hear the answer:

Song: *Because God Loves Me (Verse 2) – 234*

Turn and face the hallway and repeat after me: Heavenly Father gave us families because... (have children fill in their answers—if they need help, sing the last bit of the song “because He loves me.”)

Doctrine: [The Family: A Proclamation to the World](#) is a kind of letter that our prophets and apostles wrote to the world to teach us how to be safe and happy.

Activity: Play the song *The Family is of God* and tell children they have until it ends to finish the activity below:

JR: Have the children play charades and guess some of the responsibilities of families mentioned in the Proclamation OR have teachers help children complete this [Proclamation on the Family Pyramid Wordsearch](#), or [Love is Spoken Here: Primary Songs About the Family Worksheet](#), or this [Proclamation on the Family Crossword Puzzle](#).

SR: Have children unscramble sections from [The Family: A Proclamation to the World](#). White out the numbers on each of these [Weekly Review Cards from Memorize The Family: A Proclamation to the World](#). Have children work in groups of four to unscramble one line from the cards (consisting of 4 squares). The ones I used were [1](#): Cards 1-4, 5-8, & 9-12, [2](#): Cards 21-24, 25-28, and 29-32, and [3](#): Cards 33-36 & 41-44).

Doctrine: *The Family: A Proclamation to the World* says “...the family is central to the Creator's plan for the eternal destiny of His children.” It teaches us that we are children of heavenly parents. They love us and want us to be happy, so they sent us to live in families here on earth.

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HOW can we build strong, happy families? Boys can be fathers and girls can be mothers in righteous families.

JR: Song: *A Happy Family – 198* (First time through, stand up/sit down every time you hear the word “love.” Second time through, teach [ASL signs](#)).

Question: What are some things that the people in your family do to make your family happy? What are some things the people who take care of you do to [be good parents](#)?

Doctrine: Families take care of us, teach us how to do things, and help us learn and grow, and teach us to love others and obey laws. **When we get frustrated with one of our family members, we can try to think about what is special about that person and how much we love them.**

[I Love You More Poem](#) (Act out each line of the poem, and change the last stanza to: “And since you’re in my family, I know you love me!”)

Turn & Talk:

- As you listen to the song *I Have a Family Tree – 199*, do the [ASL Signs](#) with me.
- Now, think of **one person in your family** (mom, dad, brother, grandma, grandpa, sister, aunt, uncle, cousin).
- Think of one thing that is **special** about that person.
- **Turn and tell** a Primary friend.

SR: Unhappy Scripture Families

Song: *A Happy Family – 198* (First time through, stand up/sit down every time you hear the word “love.” Second time through, teach [ASL signs](#)).

Question: Are our families always happy? Do we always like our family members?

Story: [Am I a Child of God?](#)

Activity: We learn from the scriptures that every family has problems. Can you match each picture to its problem?

Abraham (GAK 104) – His father's priest tried to kill him
Adam & Eve (GAK 119) – Their children fought a lot
Jairus (GAK 215) – His daughter died
Joseph (GAK 109) – His brothers sold him as a slave

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Naomi (GAK 124) – Her husband died
Nephi (GAK 303) – His brothers beat him up
The Prodigal Son (GAK 220) – The son left the church and his family

Doctrine: Even though our families have problems, Heavenly Father knows how to use our problems to help us grow. He also gave us the gospel to help us fix the problems in our families. In each of these stories, Heavenly Father turned their difficult situations into GIANT blessings!

We can help our future families by planning to be righteous parents today.

Repetition Game: I can be a righteous parent by... (they repeat previous answer & add)

Closure Activities:

Doctrine: *The Family: A Proclamation to the World* teaches us that families are an important part of Heavenly Father's plan for us. We can strengthen ourselves, our family at home, our ward family, and our future family.

President Ezra Taft Benson (1899–1994) said, "Your most important friendships should be with your own brothers and sisters and with your father and mother. Love your family" (Ensign, May 1986, 43).

Final Closure Activity: Turn & Talk

- What is a family?
- Why are families an important part of Heavenly Father's plan?
- How can we strengthen our families?

What's the bottom line? No family is perfect, but as we use the Savior's atonement to become better each day, and as we try to make choices that strengthen our family and the families around us, we can make the world a better place.

Testimony: Strong, righteous families help us be better people and make a happier world.

Closing Song: Families Can Be Together Forever – 188