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| 1. What is an apostle? (JR: 6 minutes; SR: 5 minutes)

SING: *He Sent His Son – 34 (with posters; then L asks ? & R answers; then boys ?, girls answ.)*ACTIVITY 1: PostersACTIVITY 2: Posters with left-hand side asking ?s and right-hand side giving answersACTIVITY 3: Posters with boys asking ?s and girls giving answersSAY: * Heavenly Father sent Jesus to help do His work. Jesus is His apostle on earth.
* When Jesus came to earth, He told people to “Come, follow me!”
* Lots of people followed Jesus, but He called 12 special helpers named “apostles.”
* Before Jesus returned to live with Heavenly Father, He gave his apostles permission to represent Him (or authority), and power to build His church.

SING: *Come, Follow Me - #116 (teacher call and children respond; ASL)*ACTIVITY 1: Teachers sing 1st half of phrase, children respond with 2nd half of phrase *Come follow me / the Savior said**Then let us in / His footsteps tread**For thus alone / can we be one**With God’s own loved / begotten son*ASK: That was a long time ago, so all Jesus’s helpers died. Who helps Jesus now?SHOW: A picture of President Nelson and the Quorum of the TwelveASK: Who are these people? (Target answer: Prophets, or apostles of the Lord Jesus Christ)ASK: What’s an apostle again? [Target answer: Someone Heavenly Father and Jesus give permission to represent them on earth and power to help do their work.]SAY: * Now, President Nelson and the Quorum of the Twelve work for Jesus.
* Jesus tells them to teach us what He wants us to do.
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| 2) What do apostles do besides teach? [Apostles have power to do what Jesus did.] (JR: 4 minutes; SR: 3 minutes)ASK: What are some things that Jesus did while He was on the earth?SAY: Jesus has given His apostles the power to do those things here on earth now.SING: *The Miracle by Shawna Belt Edwards (with actions; finish line)*ACTIVITY 1: ActionsWalked – “Balance” with arms spread wide as you pretend to stepStilled – Finger to lips, then cross hands and spread wide Calmed – Cross hands above head and then lower them, spreading apart at endHands – Hold up hands, then place right palm on back of left hand (like blessing)Lame – Hold arms and legs out stiff (like a zombie) and walk back and forthBlind – Cover eyes and then remove hands from eyesFed – Hold pretend food to mouth and then spread hands outwardDied – Drop to floorRaised – Slowly stand upJesus – Point upwardMiracles – Cross hands, flash outward, and then spread wideNothing – Shake head and fingerTo Him – Point upwardKnow – Point to headRescues – Hug selfACTIVITY 2: Finish Line: I sing first half, point to a class, and they finish the line

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| Jesus walked upon | the water |
| He stilled  | the storm |
| And calmed | the angry sea |
| With His hands he healed | the leper |
| He made  | the lame to walk |
|  | the blind to see |
| He fed a thousand people | with a loaf or two of bread |
| And when the ruler’s daughter died | He raised her from the dead |
| Jesus is a God  | of miracles |
| Nothing is at all impossible | to Him |
| But I know this, of all | His miracles |
| The most incredible must be  | the miracle that rescues me |

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| 3) Jesus will give me power to help Him do His work. (JR: 5 minutes; SR: 5 minutes)SAY: Did you know that Jesus needs you to be His helper too? But sometimes it can be hard to do what Jesus wants us to do, especially when we feel like doing something else. (For example, I might want to talk to my friends instead of talking to someone who is being left out.) When you try to do what is right, even when it is hard, Jesus will give you power (or extra help).SING: *I’ll Walk With You – 140 (with chair hops, then rhythm sticks)*ACTIVITY 1: Chair Hop*Add a chair to each row.*1. We’re going to play a game.
2. Listen for the words you or I.
3. When you hear one, shift to the right.
4. When you get to the end of the row, shift the other way.

ACTIVITY 2: Rhythm Sticks (Do this activity the same as we did the spoons last week) |
| 4) When I try do what the prophet asks, it brings me closer to Jesus so I can feel His love more easily. JR: 5 minutes, SR: 2 minutes)SAY: If I stand over here, and Sis. Stricklin stands on the other side of the room. Can I give her a hug? (Target answer: No.) ASK: Why not? (Target answer: Because she is too far away.)SAY: The same is true for Heavenly Father and Jesus. They love us a lot and want us to feel it all the time. When we do things that bring us closer to them, it is easier for us to feel their love.SING: *Keep the Commandments – 146 (Stop/go sign pointed at different classes)* OR SING: *I Feel My Savior’s Love – 74 (with ASL)*THINK: Of one thing you could do to bring you closer to Heavenly Father and Jesus.PAIR: Whisper your answer into your hand.SHARE: Tell your partner your answer.Heavenly Father and Jesus never stop loving us, but when we listen to the prophet and keep the commandments, we get closer to them & it’s easier to feel their love.TESTIFY: I know that Heavenly Father sends prophets to help us. When we listen to the prophet (Pres. Nelson) and do what he asks, it brings us closer to Jesus so we can feel His love better. President Nelson is going to talk to us in General Conference in a few weeks. I’m excited to learn what and Jesus wants us to do! |

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| 261 | Here We Are Together | Name Game |
| 110 | *Follow the Prophet (chorus only)* | JR: Lap, clapwag fingers for “don’t go astray”SR: Patty-cakeClap own handsHit partners L handClap own handsHit partners R handClap both partner’s hands on “don’t go astray” |
| 120 | Nephi’s Courage | 3rd verse with actions |
| 126a | The Sixth Article of Faith | Senior only |
| 134 | Latter-day Prophets |  |
| 159 | Stand for the Right |  |
| Page | Singing Time Songs | Activities |
| 34 | *He Sent His Son**(5 min.)* | 1: With posters2: Left side asks ?, right side answers3: Boys ask ?, girls answer |
| 116 | *Come, Follow Me* | 1: Call & response between teachers and children2: ASL |
| Music | *The Miracle**(4 min.)* | 1: Posters2: Actions3: Finish Line  |
| 140 | *I’ll Walk with You**(5 min.)* | 1: Chair Hops2: Rhythm Sticks with [Actions](http://ldsmusicmomslessonplans.blogspot.com/2015/01/ill-walk-with-you.html?m=1) |
| 146 | *Keep the Commandments*  | Stop/go sign pointed at different classes |
| 74 | *I Feel My Savior’s Love* | ASL |