

# Singing Time – 3/17/19

I can feel Heavenly Father's love for me when I follow the prophet.

## Wiggle Songs for Transition Time

261 – Here We Are Together (Name Game)  
110 – Follow the Prophet  
120 – Nephi's Courage (3<sup>rd</sup> verse)  
126a – The Sixth Article of Faith  
134 – Latter-day Prophets  
159 – Stand for the Right

### 1) What is an apostle? (JR: 6 minutes; SR: 5 minutes)

**SING:** *He Sent His Son – 34 (with posters; then L asks ? & R answers; then boys ?, girls answ.)*

**ACTIVITY 1:** Posters

**ACTIVITY 2:** Posters with left-hand side asking ?s and right-hand side giving answers

**ACTIVITY 3:** Posters with boys asking ?s and girls giving answers

#### **SAY:**

- Heavenly Father sent Jesus to help do His work. Jesus is His apostle on earth.
- When Jesus came to earth, He told people to “Come, follow me!”
- Lots of people followed Jesus, but He called **12 special helpers** named “apostles.”
- Before Jesus returned to live with Heavenly Father, He gave his apostles **permission** to represent Him (or authority), and **power** to build His church.

**SING:** *Come, Follow Me - #116 (teacher call and children respond; ASL)*

**ACTIVITY 1:** Teachers sing 1<sup>st</sup> half of phrase, children respond with 2<sup>nd</sup> half of phrase

*Come follow me / the Savior said  
Then let us in / His footsteps tread  
For thus alone / can we be one  
With God's own loved / begotten son*

**ASK:** That was a long time ago, so all Jesus's helpers died. Who helps Jesus now?

**SHOW:** A picture of President Nelson and the Quorum of the Twelve

**ASK:** Who are these people? (Target answer: Prophets, or apostles of the Lord Jesus Christ)

**ASK:** What's an apostle again? [Target answer: Someone Heavenly Father and Jesus give permission to represent them on earth and power to help do their work.]

#### **SAY:**

- Now, President Nelson and the Quorum of the Twelve work for Jesus.
- Jesus tells them to teach us what He wants us to do.

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## 2) What do apostles do besides teach? [Apostles have power to do what Jesus did.] (JR: 4 minutes; SR: 3 minutes)

**ASK:** What are some things that Jesus did while He was on the earth?

**SAY:** Jesus has given His apostles the power to do those things here on earth now.

**SING:** *The Miracle by Shawna Belt Edwards (with actions; finish line)*

### ACTIVITY 1: Actions

Walked – “Balance” with arms spread wide as you pretend to step

Stilled – Finger to lips, then cross hands and spread wide

Calmed – Cross hands above head and then lower them, spreading apart at end

Hands – Hold up hands, then place right palm on back of left hand (like blessing)

Lame – Hold arms and legs out stiff (like a zombie) and walk back and forth

Blind – Cover eyes and then remove hands from eyes

Fed – Hold pretend food to mouth and then spread hands outward

Died – Drop to floor

Raised – Slowly stand up

Jesus – Point upward

Miracles – Cross hands, flash outward, and then spread wide

Nothing – Shake head and finger

To Him – Point upward

Know – Point to head

Rescues – Hug self

**ACTIVITY 2: Finish Line:** I sing first half, point to a class, and they finish the line

Jesus walked upon	the water
He stilled	the storm
And calmed	the angry sea
With His hands he healed	the leper
He made	the lame to walk
	the blind to see
He fed a thousand people	with a loaf or two of bread
And when the ruler's daughter died	He raised her from the dead
Jesus is a God	of miracles
Nothing is at all impossible	to Him
But I know this, of all	His miracles
The most incredible must be	the miracle that rescues me

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### 3) Jesus will give me power to help Him do His work. (JR: 5 minutes; SR: 5 minutes)

**SAY:** Did you know that **Jesus needs you to be His helper** too? But sometimes it can be **hard** to do what Jesus wants us to do, especially when we feel like doing something else. (For example, I might want to talk to my friends instead of talking to someone who is being left out.)

**When you try to do what is right**, even when it is hard, **Jesus will give you power** (or extra help).

**SING:** *I'll Walk With You – 140 (with chair hops, then rhythm sticks)*

#### ACTIVITY 1: Chair Hop

Add a chair to each row.

- 1) We're going to play a game.
- 2) Listen for the words **you** or **I**.
- 3) When you hear one, shift to the right.
- 4) When you get to the end of the row, shift the other way.

#### ACTIVITY 2: Rhythm Sticks (Do this activity the same as we did the spoons last week)

### 4) When I try do what the prophet asks, it brings me closer to Jesus so I can feel His love more easily. JR: 5 minutes, SR: 2 minutes)

**SAY:** If I stand over here, and Sis. Stricklin stands on the other side of the room. Can I give her a hug? (Target answer: No.)

**ASK:** Why not? (Target answer: Because she is too far away.)

**SAY:** The same is true for Heavenly Father and Jesus. They love us a lot and want us to feel it all the time. When we do things that bring us closer to them, it is easier for us to feel their love.

**SING:** *Keep the Commandments – 146 (Stop/go sign pointed at different classes)* OR

**SING:** *I Feel My Savior's Love – 74 (with ASL)*

**THINK:** Of one thing you could do to bring you closer to Heavenly Father and Jesus.

**PAIR:** Whisper your answer into your hand.

**SHARE:** Tell your partner your answer.

Heavenly Father and Jesus never stop loving us, but when we listen to the prophet and keep the commandments, we get closer to them & it's easier to feel their love.

**TESTIFY:** I know that Heavenly Father sends prophets to help us. When we listen to the prophet (Pres. Nelson) and do what he asks, it brings us closer to Jesus so we can feel His love better. President Nelson is going to talk to us in General Conference in a few weeks. I'm excited to learn what and Jesus wants us to do!

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Page	Songs	Activities
261	Here We Are Together	Name Game
110	<i>Follow the Prophet (chorus only)</i>	JR: Lap, clap wag fingers for "don't go astray"  SR: Patty-cake <b>Clap</b> own hands Hit partners <b>L</b> hand <b>Clap</b> own hands Hit partners <b>R</b> hand <b>Clap both partner's hands</b> on "don't go astray"
120	Nephi's Courage	3 <sup>rd</sup> verse with actions
126a	The Sixth Article of Faith	Senior only
134	Latter-day Prophets	
159	Stand for the Right	
Page	Singing Time Songs	Activities
34	<b>He Sent His Son</b>  (5 min.)	1: With posters 2: Left side asks ?, right side answers 3: Boys ask ?, girls answer
116	<b>Come, Follow Me</b>	1: Call & response between teachers and children 2: ASL
Music	<b>The Miracle</b>  (4 min.)	1: Posters 2: Actions 3: Finish Line
140	<b>I'll Walk with You</b>  (5 min.)	1: Chair Hops 2: Rhythm Sticks with <a href="#">Actions</a>
146	<b>Keep the Commandments</b>	Stop/go sign pointed at different classes
74	<b>I Feel My Savior's Love</b>	ASL