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| JR. OPENING EXERCISES: 10:10 – 10:15 AM |
| JR. SINGING TIME: 10:15 - 10:35 AM |
| SR. OPENING EXERCISES: 10:40 – 10:45 AM |
| SR. SINGING TIME: 10:45 – 11:00 AM |

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| Transition Time Songs | | | |
|  | Page | Songs | Activities |
|  | 241b | *Snow is Falling All Around* | Actions |
|  | 249 | *Once There Was a Snowman* | Actions |
|  | Music | *Born to Be a King* |  |

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| Introduction |
| SHOW: Pictures of different kinds of lights.  ASK: What kind of lights do you see during Christmas time? (Target answers: Christmas lights, fire, stars, etc.)  ASK: Why do we need light? (Target answer: To help us see)  SAY: In the scriptures, Jesus says, *“I am come a light into the world, that whosoever believeth on me should not abide in darkness” (John 12:46).* Heavenly Father sent Jesus to help us see how to be safe and happy here on earth, and to show us how to get back to him. |

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| Key Principle | Page | Song | Activity |
| Christmas time reminds us that Jesus was born to light the world.  “…I am the light of the world” (John 9:5). | 54  Music | *Christmas Bells*  *OR*  *Born to Be a King* | 1: Actions   * Christmas bells: Clasp hands, bend over, and sway like a bell * Hear: Cup ear * Say to you: Point to mouth then children * Jesus is born: Rock pretend baby * In Bethlehem: Sway to right, then left   2: Handbells (to actions above) |

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| Key Principle | Page | Song | Activity |
| Heavenly Father & Jesus gave each of us some of their light so we could help them light the world.  “And the Spirit giveth light to every man that cometh into the world; and the Spirit enlighteneth every man through the world, that hearkeneth to the voice of the Spirit” (D&C 84:46).  “That was the true Light, which lighteth every man that cometh into the world” (John 1:9).  “For they were sent to be a light unto the world, and to be the saviors of men;” (D&C 103:9). | 163  144  Music | *JR: I Am Like a Star*  *OR*  *SR: Shine On*  *OR*  *SR: As a Child of God*  Tracing Game for SR:  I: Trace I  Came to earth: Circle  Power to choose: CTR  Family too: Stick family  Light: Star  Know what is right: CTR | 1: Finger Lights with Actions   * *I am like a star:* Shine on self * *Shining for the whole world:* Hold light outward & spin in a circle * *I can do and say happy things each day:* Shine on own face * *For I know HF loves me:* Shine on picture of Jesus   2: [Finger Light Drawing Game](https://www.kindercare.com/content-hub/articles/2016/october/lights-out-6-totally-fun-flashlight-games-to-play-after-dark)   * Sing with me * Draw the words I sing most loudly with your finger light * I: I * Am like a star: Draw a star * Shining for the whole world: Draw a circle * I can do and say: Draw a mouth * Happy things each day: Draw a smile * For I know HF loves me: Draw a heart   3: Finger Light Spot It Game:   * Sing with me * Shine your light on the right word at the end of each phrase * Sing the picture really loudly |
| When we keep the commandments, we stay in the light of their love and that makes our light grow brighter. (because intelligence is the light of applied truth.)  *“For the word of the Lord is truth, and whatsoever is truth is light, and whatsoever is light is Spirit…” (D&C 84:45).*  *“…And he that receiveth light, and continueth in God, receiveth more light; and that light groweth brighter and brighter until the perfect day” (D&C 50:24).*  *“If you keep not my commandments, the love of the Father shall not continue with you, therefore you shall walk in darkness” (D&C 95:12).* | 177  146 | *Teach Me*  *To Walk in the Light*  *OR*  *Keep the Commandments* | 1: ASL Flashlight Freeze Game  *(Adapted from the* [*Statue Spotlight Game*](https://www.verywellfamily.com/night-games-with-flashlights-1256811)*)*   * You are all frozen except for your mouths * Sing with me * Do the ASL signs too * When the flashlight shines on you, you can unfreeze * Stand up, sing, and sign   2: Step Into the Light Game  *(Based on “*[*Catch the Light*](https://www.thespruce.com/flashlight-games-kids-can-play-indoors-or-out-3129284)*” and*  *“*[*Flashlight Shuffle*](https://christiancamppro.com/15-fun-flashlight-games-next-nighttime-activity/)*”)*   * Sing with me * Follow the light around the room with your eyes * If the light stops near you, try to step into it   3: Flashlight Shadow Puppets   * Sing with me * When I point to your teacher, they will shine their flashlight on the floor * Their class has to make a shadow puppet of the words I call out * The Primary sings the same line over and over until I turn that teacher “off” * Teach (graduation cap) * Walk (with fingers) * Star (for light) * Heart (for love) * Teach (graduation cap) * Pray (praying hands) * Teach (graduation cap) * Know (brain) |
| Key Principle | Page | Song | Activity |
| When we share our light (the things we’ve learned and our testimonies of Jesus Christ), it helps chase darkness out of the world (just like Jesus’s birth did).  *“Ye are the light of the world…let your light so shine before men that they may see your good works, and glorify you Father which is in heaven” (Matthew 5:14-16).* | 60  142 | *JR: Jesus Wants Me*  *for a Sunbeam*  *OR*  *SR: Every Star is Different* | 1: Scarves  2: Actions  Every – point  star – Flash hands  is different – Make hands into Ds and move apart  And so is every child – Nod head and pat kids on head  Some are bright and happy – Hop  And some are meek and mild – Fold arms  Every one is needed for just what he can do. – Hold up one finger  You’re the only person who ever can be you. – Point to children  I can shine for others – Smile and twist  And let them feel my love – Hug self  Follow the commandments – ASL follow  That come from God above – ASL God  I can help another – Link arms  To learn to choose the right – Choose  Having faith and courage – Muscle arms  Will let my star shine bright. – Flash hands |
| Sometimes people might make fun of us for following Jesus.  *“Yea, and all that will live godly in Christ Jesus shall suffer persecution” (2 Timothy 3:12)* and *“But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now” (Galatians 4:29).* | 120 | *Nephi’s Courage*  *(Verses 2 & 3)* | 1: Actions  Nephi: Bend arm, then straighten  Boat: Cupped hands  Older brothers: Hold hand high  Believed it would not: Wag finger  Laughing: Hold stomach & bend  Mocking: Point and laugh  Said he should not: Wag finger  Nephi: Bend arm, then straighten  This was his reply: Nod head  I will go: March  I will do: Run fast in place  The thing the Lord commands: Point fingers  I know: Nod head to music  He wants me: Jump on every word  2: [Flashlight Limbo Game](https://www.verywellfamily.com/night-games-with-flashlights-1256811) – Try to go under beam as it gets progressively lower  3: Share experiences |
| When we let our light shine by loving others even when they make fun of us, we lead them to Jesus.  *“And this commandment have we from him, That he who loveth God loveth his brother also” (1 John 4:21)* and *“By this we know that we love the children of God, when we love God, and keep his commandments” (1 John 5:2).* | 40b  61 | *The Shepherd’s Carol*  *OR*  *Have a Very Merry Christmas! (Verses 1 & 3)* | 1: Spotlight the Stick Puppets (child spotlights whatever we are singing about w/ flashlight)  2: Sing as a round with color-coded flipchart for the parts |
| TESTIFY: Heavenly Father sent Jesus to earth to light up our lives with His loving example so we could be happy and return safely to our heavenly home. We can choose whether we put darkness or light into the world through our actions. When other people choose darkness, we can still choose light by being kind to them. When we do that, we show the world how much Jesus means to us. | | | |

Other Game Ideas:

[Glowstick Treasure Hunt/Hot Cold Game](https://feelslikehomeblog.com/2012/07/cheap-summer-fun-have-glow-stick-treasure-hunt/)

[LED or Glowstick Balloons](https://kidsactivitiesblog.com/11651/things-that-glow)

[Musical Islands Game](http://www.nightoflight.org/cparty.htm)

[Tic Tac Glow](https://kidsactivitiesblog.com/50029/playing-in-the-dark-game)

Chorister’s One-page Outline

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| Key Principle | Page | Song | Activity |
| Jesus was born to light the world. | 54  Music | *Christmas Bells*  *OR*  *Born to Be a King* | 1: Actions  2: Handbells (to actions above) |
| Heavenly Father & Jesus gave each of us some of their light so we could help them light the world. | 163  144  Music | *JR: I Am Like a Star*  *OR*  *SR: Shine On*  *OR*  *SR: As a Child of God* | 1: Finger Lights with Actions  2: [Finger Light Drawing Game](https://www.kindercare.com/content-hub/articles/2016/october/lights-out-6-totally-fun-flashlight-games-to-play-after-dark)  3: Finger Light Spot It Game: |
| When we keep the commandments, we make our light brighter. | 177  146 | *Teach Me*  *To Walk in the Light*  *OR*  *Keep the Commandments* | 1: ASL Flashlight Freeze Game  2: Step Into the Light Game  3: Flashlight Shadow Puppets |
| When we share our light, it helps chase darkness out of the world. | 60  142 | *JR: Jesus Wants Me*  *for a Sunbeam*  *OR*  *SR: Every Star is Different* | 1: Scarves  2: Actions |
| Sometimes people might make fun of us for following Jesus. | 120 | *Nephi’s Courage*  *(Verses 2 & 3)* | 1: Actions  2: [Flashlight Limbo Game](https://www.verywellfamily.com/night-games-with-flashlights-1256811)  3: Share experiences |
| When let our light shine by loving others even when they make fun of us, we lead them to Jesus. | 40b  61 | *The Shepherd’s Carol*  *OR*  *Have a Very Merry Christmas! (Verses 1 & 3)* | 1: Spotlight the Stick Puppets  2: Sing as a round with color-coded flipchart for the parts |
| TESTIFY: Heavenly Father sent Jesus to earth to light up our lives with His loving example so we could be happy and return safely to our heavenly home. We can choose whether we put darkness or light into the world through our actions. When other people choose darkness, we can still choose light by being kind to them. When we do that, we help Jesus light the world and show the world how much He means to us. | | | |

Pianist’s One-page Outline

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| Key Principle | Page | Song | Activity |
| Jesus was born to light the world. | 54  Music | *Christmas Bells*  *OR*  *Born to Be a King* | 1: Actions  2: Handbells (to actions above) |
| Heavenly Father & Jesus gave each of us some of their light so we could help them light the world. | 163  144  Music | *JR: I Am Like a Star*  *OR*  *SR: Shine On*  *OR*  *SR: As a Child of God* | 1: Finger Lights with Actions  2: [Finger Light Drawing Game](https://www.kindercare.com/content-hub/articles/2016/october/lights-out-6-totally-fun-flashlight-games-to-play-after-dark)  3: Finger Light Spot It Game: |
| When we keep the commandments, we make our light brighter. | 177  146 | *Teach Me*  *To Walk in the Light*  *OR*  *Keep the Commandments* | 1: ASL Flashlight Freeze Game  2: Step Into the Light Game  3: Flashlight Shadow Puppets |
| When we share our light, it helps chase darkness out of the world. | 60  142 | *JR: Jesus Wants Me*  *for a Sunbeam*  *OR*  *SR: Every Star is Different* | 1: Scarves  2: Actions |
| Sometimes people might make fun of us for following Jesus. | 120 | *Nephi’s Courage*  *(Verses 2 & 3)* | 1: Actions  2: [Flashlight Limbo Game](https://www.verywellfamily.com/night-games-with-flashlights-1256811)  3: Share experiences |
| When let our light shine by loving others even when they make fun of us, we lead them to Jesus. | 40b  61 | *The Shepherd’s Carol*  *OR*  *Have a Very Merry Christmas! (Verses 1 & 3)* | 1: Spotlight the Stick Puppets  2: Sing as a round with color-coded flipchart for the parts |
| TESTIFY: Heavenly Father sent Jesus to earth to light up our lives with His loving example so we could be happy and return safely to our heavenly home. We can choose whether we put darkness or light into the world through our actions. When other people choose darkness, we can still choose light by being kind to them. When we do that, we help Jesus light the world and show the world how much He means to us. | | | |