

Singing Time – 8/18/19

I can learn from my body, my spirit,
my experience, and other people.

Wiggle Songs for Transition Time

268 – Two Little Eyes
271 – I Wiggle
273 – My Hands
275a – Head, Shoulders, Knees, & Toes
153 – The Lord Gave Me a Temple
269 – I Have Two Ears

JR. OPENING EXERCISES:	10:10 – 10:15 AM
JR. SINGING TIME:	10:15 - 10:35 AM
SR. OPENING EXERCISES:	10:40 – 10:45 AM
SR. SINGING TIME:	10:45 – 11:00 AM

Transition Time Songs				
JR or SR?	Page	Songs	Activities	
JR	268	<i>Two Little Eyes</i>	Actions	
JR	271	<i>I Wiggle</i>	Actions	
JR	273	<i>My Hands</i>	Actions	
JR	275a	<i>Head, Shoulders, Knees, & Toes</i>	Actions	
JR	SR	269	<i>I Have Two Ears</i>	Matching Worksheet
	SR	153	<i>The Lord Gave Me a Temple</i>	Posters/4 corners

Introduction	
SAY:	If you went back to school this week, stand up, spin around, then sit down.
ASK:	What do we do in school? (Targeted answer: Learn things!)
ASK:	Where else can we learn things? (Targeted answer: Everywhere! We learn things at home, at school, at church, at work, and at play.)
SAY:	Heavenly Father sent us here to earth to get bodies so we could learn things.
ASK:	Who teaches us things at school ? (Targeted answer: Teachers.)
ASK:	Who teaches us things at home ? (Targeted answer: Parents and family members.)
ASK:	Who teaches us things at church ? (Targeted answer: Teachers and leaders]
SAY:	There is someone else who can teach us all the time , even when we are alone. Do you know who that is? (Targeted answer: The Holy Ghost)
SAY:	The Holy Ghost is one of Heavenly Father's best friends. Heavenly Father tells Him important things that He wants us to know. When we take care of our bodies inside and out, the Holy Ghost will spend time with us and teach us the things Heavenly Father wants us to know.
SAY:	The Holy Ghost helps us to learn by study, by faith, and by experience . That means we have to think, feel, and try things. Some people think that means that learning is work, but it can also be fun too! Today, we are going to use our bodies to help us learn things better!
	<i>"And as all have not faith, seek ye diligently and teach one another words of wisdom; yea, seek ye out of the best books words of wisdom; seek learning, even by study and also by faith" (D&C 88:118).</i>

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Body Part	Page	Song	Activity
<p>Post picture of a HEAD:</p> <p>Study: I can learn by <u>remembering</u> the things I have read, heard, or watched.</p> <p>Faith: I can learn by <u>remembering</u> times when I felt the Holy Ghost.</p> <p>Experience: I can learn by <u>remembering</u> my own experiences and the examples of others.</p> <p><i>“But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you” (John 14:26).</i></p>	100	<p>Baptism</p> <p>Pictures:</p> <p>Jesus (OR 1-3)</p> <p>John the Baptist</p> <p>Judea (OR 4-44)</p> <p>Long ago</p> <p>Baptized by immersion (7-7)</p> <p>River Jordan's flow</p> <p>Law (6-24)</p> <p>Questioned (question mark)</p> <p>Enter (6-36 & 6-3)</p> <p>Kingdom (6-28)</p>	<p>Memory Game:</p> <ol style="list-style-type: none"> 1) Sing the song. 2) Look at the pictures as you sing. 3) Close your eyes and remember the pictures. 4) Sing the song again. 5) Sing the part of the song that tells which picture(s) are missing.

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<p>Post picture of EYES:</p> <p>Study: I can learn by <u>reading</u> “the best books.”</p> <p>Faith: I can learn by <u>reading</u> the scriptures.</p> <p>Experience: I can learn by “<u>reading</u>” the lives of other people (i.e., following their examples).</p> <p>“Look unto me in every thought, doubt not, fear not” (D&C 6:36).</p>	<p>109</p>	<p>Search, Ponder, & Pray</p> <p>Choose scriptures from this week’s reading or use:</p> <ul style="list-style-type: none"> • Seek learning: D&C 88:118 (OR D&C 109:7, 14) • Intro: Mosiah 2:9 • Mind: John 14:26 OR D&C 8:2-3 • Eyes: D&C 6:36 • Ears: Moroni 8:8 • Mouth: Exodus 4:12 OR D&C 88:122 • Nose: • Hands: 1 Thessalonians 4:11 • Feet: Luke 18:22 • Body = temple: 1 Corinthians 6:19 	<p>Scripture Chase:</p> <ol style="list-style-type: none"> 1) Two classes sit up front as Primary sings. 2) Look at the scripture reference. 3) Find the scripture. 4) Stand when you have it. 5) The first class standing tells the Primary what the scripture means.
<p>Post picture of EARS:</p> <p>Study: I can learn by <u>listening</u> to experts in their subjects.</p> <p>Faith: I can learn by <u>listening</u> to the Holy Ghost.</p> <p>Experience: I can learn by <u>listening</u> to my parents, teachers, family, and friends.</p> <p>“Listen to the words of Christ, your Redeemer, your Lord and your God” (Moroni 8:8).</p>	<p>105</p>	<p>The Holy Ghost</p> <p>Sound Effects on Spotify: https://open.spotify.com/user/chericemm/playlist/7EBLAhk8YbjjwkdOZ7mqc?si=GJWFbPTLSeKd1qDZiuDA</p> <p>Earth: Meditative Deep Bubbly Forest Brook</p> <p>Send: Children Running Laughing OR Man Whispering “Go, Go”</p> <p>Comfort us: Woman Saying “Poor Baby”</p> <p>Friend: Young Children in Park (Elementary)</p> <p>Whispers: Man Whispering Over Here</p> <p>Voice: Shush – Shush: Short</p> <p>Testifies: Man Whispering Go Ahead</p> <p>Rejoice: Group with Giggling and Laughing</p>	<p>Are You Listening? Game:</p> <ol style="list-style-type: none"> 1) Close your eyes. 2) Sing the song until the piano pauses. 3) Listen. <p>← JR: Sound effects</p> <p>SR: Name a related Primary song:</p> <p>Earth: The World is So Big Send: He Sent His Son Comfort us: Oh Hush Thee, My Baby Friend: Jesus Is Our Loving Friend Whispers: My Heavenly Father Loves Me Voice: Listen to the Still Small Voice Testifies: I Know My Father Lives Rejoice: If You’re Happy & You Know It</p> <p>4) Tell what you heard.</p>

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<p>Post picture of a MOUTH:</p> <p>Study: I can learn by <i>talking</i> with others about what I believe and what I am learning.</p> <p>Faith: I can learn by <i>talking</i> with Heavenly Father (through prayer).</p> <p>Experience: I can learn by <i>talking</i> to other people who have done the things I'm trying to learn to do.</p> <p><i>"I will be with thy mouth, and teach thee what thou shalt say" (Exodus 4:12).</i></p> <p><i>"Appoint among yourselves a teacher, and let not all be spokesmen at once; but let one speak at a time and let all listen unto his sayings, that when all have spoken that all may be edified of all, and that every man may have an equal privilege" (D&C 88:122).</i></p>	<p>34</p>	<p>He Sent His Son</p> <p>Picture clues:</p> <p>Newborn babe</p> <p>Walk with men</p> <p>Die for us/rise</p> <p>Faith, live like His Son</p>	<p>1: Q&A Game (JR & SR)</p> <ul style="list-style-type: none"> • Find a partner. • Decide on a questioner and an answerer. • Stand back to back and lock arms. • A faces me and sings the question (or the first phrase) • Flip so B faces me, looks at a picture clue, & sings the answer (or the next phrase). <p>2: Sharing Time (SR)</p> <ul style="list-style-type: none"> • Sing a line of the song then pause. • Listen to my question: <p>1) How do you know that H.F. loves and cares for you?</p> <p>2) How do you know what H.F. wants you to do?</p> <p>3) How can I help someone who is sad because a family member died?</p> <p>4) What do the scriptures say H.F. wants me to do?</p> <ul style="list-style-type: none"> • Think of an example from your own life. • Use your story to answer the question if called on. • Model: <i>What does He ask of us, what do the scriptures say? (Story about my friend who testified of how her faith produced hope and miracles)</i>
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<p>Post picture of a NOSE:</p> <p>Study: I can learn by “<u>smelling</u>” (i.e., recognizing) what is true and what is false/fake.</p> <p>Faith: I can learn by “<u>smelling</u>” right from wrong.</p> <p>Experience: I can learn by “<u>smelling</u>” (i.e., recognizing) when I am doing right or wrong, and becoming spiritually clean through repentance.</p>	<p>98</p>	<p style="text-align: center;">Repentance</p> <p>For mistakes, replace with words in parentheses:</p> <p>I am sorry is not always easy to say (not sorry, hard, think)</p> <p>When I know I’ve been thoughtless and done something wrong (thoughtful, right)</p> <p>I’ll try to repent, to do better, to pray (worse, run away)</p> <p>That Heavenly Father will help me be strong. (my earthly father, weak)</p>	<p>That Stinks Game:</p> <ol style="list-style-type: none"> 1) Sing the song. 2) When you hear me/the pianist make a mistake, stand up. 3) Help us fix the mistake by singing the line again correctly. 4) If you sing it correctly, you get to smell a smelly sticker/a candle that smells good/a special spice as you sing the next time.
<p>Post picture of HANDS:</p> <p>Study: I can learn by <u>feeling</u> that what I am studying is right.</p> <p>Faith: I can learn by <u>feeling</u> the Holy Ghost.</p> <p>Experience: I can learn by <u>feeling and sharing</u> Jesus’s love.</p> <p>“And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you” (1 Thessalonians 4:11).</p>	<p>74</p>	<p style="text-align: center;">I Feel My Savior’s Love</p> <p>Objects to put in socks:</p> <p>Love: plastic heart</p> <p>World: globe</p> <p>Warm: candle or blanket</p> <p>See: plastic sunglasses</p> <p>Follow: shoe</p> <p>Life: baby</p>	<p>What Do You Feel?</p> <ol style="list-style-type: none"> 1) Sing the song. 2) Put your hand in the sock. 3) Feel the object. 4) Pass the sock down the row. 5) When the song ends, tell me what was in your sock. <p>Sing the song again, classes stand when we sing about the item they felt.</p>

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<p>Post picture of FEET:</p> <p>Study: I can learn by <u>following</u> experts.</p> <p>Faith: I can learn by <u>following</u> Jesus.</p> <p>Experience: I can learn by <u>following</u> the good examples of prophets, my parents, teachers, and friends.</p> <p>“...and come, follow me” (Luke 18:22).</p>	<p>140 #116</p>	<p>I'll Walk With You OR Come, Follow Me</p> <p>Pictures:</p> <p>U 2 “don't” symbols walk/talk 2 people symbols DO 2 people symbols Walk/talk Walk away/laugh 2 you symbols I 2 “don't” symbols 2 more “don't” symbols</p> <p>I Walk U Talk U 2 love symbols U</p>	<p>Hopscotch Game:</p> <p><i>I will choose a child (or a class) to play.</i></p> <ol style="list-style-type: none"> 1) Sing the song. 2) Hop onto the correct pictures as we sing. 3) Try to get to the end of the hopscotch before the song ends.
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“...open your ears that ye may hear, and your hearts that ye may understand, and your minds that the mysteries of God may be unfolded to your view” (Mosiah 2:9).

“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him” (1 Corinthians 2:9).

“Yea, behold, I will tell you in your mind and in your heart, by the Holy Ghost, which shall come upon you and which shall dwell in your heart. 3 Now, behold, this is the spirit of revelation; behold, this is the spirit by which Moses brought the children of Israel through the Red Sea on dry ground” (D&C 8:2-3).

Testify: Heavenly Father wants us to learn by study, by faith, and by our own experiences (D&C 88:118; D&C 109:7, 14). He also wants us to learn from each other (D&C 84:110; D&C 88:122). I know that when we study our scriptures, listen to the Holy Ghost, and try to use what we learn to help others, we will feel His Spirit in our hearts, in our homes, and in our relationships (John 14:26-27; 1 Corinthians 6:19).

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Body Part	Page	Singing Time Songs	Activities
Head: I can learn by <u>remembering</u> times when I felt the Holy Ghost.	100	Baptism	Memory Game
Eyes: I can learn by <u>reading</u> the scriptures.	109	Search, Ponder, & Pray Choose scriptures from this week's reading	Scripture Chase
Ears: I can learn by <u>listening</u> to the Holy Ghost.	105	The Holy Ghost	Are You Listening? Game Pianist pauses on: <i>Earth / Send Comfort us / Friend Whispers / Voice Testifies / Rejoice</i>
Mouth: I can learn by <u>talking</u> with others about what I believe.	Music	The Miracle	1: Q&A Game (JR & SR) 2: Sharing Time (SR)
	34	He Sent His Son	
Nose: I can learn by <u>smelling</u> rotten actions and becoming spiritually clean through repentance.	98	Repentance	That Stinks! Game
Hands: I can learn by <u>feeling and sharing</u> Jesus's love.	74	I Feel My Savior's Love	What Do You Feel?
Feet: I can learn by <u>following</u> Jesus.	140 #116	I'll Walk With You OR Come, Follow Me	Hopscotch Game

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