

Singing Time – 6/23/19

I can love and forgive like Jesus.

Wiggle Songs for Transition Time

- 276 – Do As I'm Doing
- 281 – The Wise Man & the Foolish Man
- 61 – Jesus Said Love Everyone
- 110 – Follow the Prophet
- 109 – Search, Ponder, & Pray

JR. OPENING EXERCISES:	10:10 – 10:15 AM
JR. SINGING TIME:	10:15 - 10:35 AM
SR. OPENING EXERCISES:	10:40 – 10:45 AM
SR. SINGING TIME:	10:45 – 1:00 AM

Transition Time Songs			
Notes	Page	Songs	Activities
	276	<i>Do As I'm Doing</i>	Actions
	281	<i>The Wise Man and the Foolish Man</i>	Actions
	61	<i>Jesus Said Love Everyone</i>	Actions
	266	<i>If You're Happy</i>	Freeze like this (yoga cards)
	109	<i>Search, Ponder, & Pray</i>	Actions

Key Point	Page	Singing Time Songs	Activities
Jesus asked us to follow him	#116	Come, Follow Me	Ants: Follow That Ant Game
When we keep the commandments, we are following Jesus.	146	Keep the Commandments	Spiders: Spiderweb Walk Game
Sometimes people might make fun of us for trying to do what is right or for following Jesus. Sometimes people might even decide to leave the church or be mean to us (bully us).	146 120	I'll Walk with You OR <i>Nephi's Courage</i> (v. 2 & 3)	Wasps: Bee Nice Game (Could also do something more active like Bees v. Wasps)
Jesus asks Heavenly Father to help us. He will send the Holy Ghost to comfort us/help us know what to do.	105	The Holy Ghost	Fireflies: Firefly Flicker Game (See bandaid fireflies)
Jesus wants us to love everyone, even when they are not making good choices or are unkind to us! I can love and forgive like Jesus did.	109 78	JR: Search, Ponder, & Pray SR:I'm Trying to Be Like Jesus	Butterflies: Musical Butterflies Game

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1) Jesus Christ asked us to follow Him. (3 minutes)

- **SHOW:** Picture 2-49 (Boys sharing food at a picnic)
- **SAY:** Raise your hand if you went on a picnic or spent time outside this week.
- **SAY:** Did you know that we can learn how to be more like Jesus from things outside, like bugs?!
- **SHOW:** Ant picture or puppet
- **ASK:** Who else likes to visit picnics? (Target answer: Ants)
- **ASK:** What do ants do when they find food? (Target answer: Follow the leader to the food and help each other take it back to their nest)
- **SAY:** Jesus asks us to follow Him because He loves us and wants to take care of us. He leads us to things that will help us stay safe and happy just like ants follow the leader to take food back to their nests.

SING: *Come Follow Me, #116*

ACTIVITY: *Follow That Ant! Game*

- 1) I am the leader and you are the ants.
- 2) I will stand behind you. You face forward.
- 3) I will sing to the "ants" closest to me.
- 4) They will copy what I do and pass it to you.
- 5) We'll try to get the "spiritual food" back to our "nest" (the Primary Presidency).

Actions for *Come Follow Me, Verse 2:*

Is it enough? (Palms up and out to sides and shrug shoulders)

Alone to know (Tap side of head)

That we must follow (One finger follows the other)

Here below (Rotate palms in circular motion in front of self, then point one finger down)

While traveling through (wave hands back and forth like weaving through trees)

This veil of tears (Hands up, palms facing self, then slowly cross hands in front of eyes)

No, this extends (Shake finger back and forth, then cross and spread palms away from self)

To holier spheres (Roll hands and then point upward)

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2) When we keep the commandments, we are following Jesus. (3 minutes)

SHOW: Picture of a spider or plastic spider

ASK: What is this? (Target answer: A spider)

ASK: Why do spiders need their webs? (Target answer: To trap bugs for food)

SAY: Jesus wants us to be safe and happy, so he gave us commandments and asked us to follow them. Satan wants to trap us by getting us to stop following Jesus.

SING: *Keep the Commandments, 146*

Activity: [Spiderweb Walk Game](#)

- 1) A “spider” will sit on the spiderweb.
 - 2) The rest of the class are the “bugs.”
 - 3) Each “bug” tip toes on the path, picking up spiritual food (scriptures, Jesus stickers, or pictures from *I'm Trying to Be Like Jesus*).
 - 4) If you fall off the path, the spider gets to wrap you up (with toilet paper).
 - 5) Bugs, try to collect all the spiritual food before the song ends.
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3) Some people might be mean to us because we try to do what is right. (3 minutes)

SHOW: Bee or wasp finger puppet or picture

SAY: Raise your hand if you like it when bees or wasps visit your picnic.

SAY: Some people might choose not to follow Jesus. They might laugh or be mean to us because we believe in Jesus and try to do what is right. When they laugh or say mean things, it might feel like a bee or wasp sting.

ASK: Should we be mean back? (Target answer: No. When we say or do mean things, we are acting like bees/wasps.)

SING: *I'll Walk With You, 146 OR Nephi's Courage, 120 (Verses 2 and/or 3)*

Activity 1: Bee Nice Game

- 1) This is a song about being nice.
- 2) After we sing, we will play a game. [Sing the song with actions]
- 3) Sis. Garcia will play the song again *slowly*.
- 4) This time, listen for the word YOU. (occurs 7 times)
- 5) Instead of singing "you," stand up and buzz like a bee!

Activity 2: Matching Game

Could match prophets from scriptures to how they got "stung."

- 1) Sing the song.
- 2) Look at the pictures as you sing.
- 3) These pictures show prophets who told people things they didn't like.
- 4) These pictures show the mean things people did to "sting" the prophets.
- 5) See if you can match them in your mind as we sing. [Or a child can match them]

Prophets	How the people "stung" them
Daniel (prayed, refused to break Word of Wisdom) 1-37	King threw Daniel in the lion's den, 1-14
Joseph Smith (saw Heavenly Father & Jesus Christ, taught truth) 5-6	People tarred and feathered him and put him in jail, 5-23 & 5-32
Moses (refused to treat others poorly) 1-66	Pharoah sent soldiers after him and the Lord parted the Red Sea to help him, 6-12
Noah (preached re: wickedness of people, built an ark) 1-30	People laughed and mocked him, 1-29
Also: Jesus (taught truth) 7-41	People crucified him, 4-41

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4) Jesus will send the Holy Ghost to comfort us and help us know what to do. (3 minutes)

ASK JUNIOR: Can you think of someone you know who kept doing what was right even though other people were not nice?

ASK SENIOR: Can you think of some people in the scriptures who did what was right even though people laughed at them or were mean to them? (Possible answers: Noah built an ark even though people laughed at him, Daniel prayed even though he was thrown in a lion's den, Joseph Smith told about seeing Heavenly Father and Jesus and the Book of Mormon even though people laughed at him and bullied him)

ASK: Should we stop making good choices because other people are laughing at us or are mean to us? (Target answers: No, we should be brave, keep doing what is right, pray for help from Heavenly Father, and show love to them anyway.)

SAY: Heavenly Father and Jesus will send the Holy Ghost to help us know what to do and to comfort us when others are laughing at us or mean to us.

SING: *The Holy Ghost, 105*

Activity: *Firefly Flicker Game (with fingerlights)*

- 1) Have you ever watched fireflies blink messages to each other at night?
 - 2) We will all be fireflies.
 - 3) Try to feel the Holy Ghost as you sing.
 - 4) Presidency member "fireflies" will light up when they feel Him.
 - 5) When you see their lights, you turn yours on.
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5) Jesus wants us to love everyone, even when they are not making good choices or are unkind to us. (JR: 5 minutes; SR: 2 minute)

ASK: Is it okay to be mean to people who make choices that are different than ours—especially if they are mean to us first? (Target answer: No. Jesus wants us to show love to everyone, including people who are not members of the church, people who have left the church, and even people who are not nice to us.)

SING:

JR: *Search, Ponder, & Pray – 109* OR

SR: *I'm Trying to Be Like Jesus, 78*

Activity for JR: *Musical Butterflies Game*

SAY: Butterflies help all the flowers to grow by visiting them (i.e., through pollination). We can grow our own testimonies by searching for truth through studying the *Come Follow Me* lessons with our families, searching the scriptures, thinking about what we are learning, and praying.

- 1) This class will be our “butterflies.” [Distribute butterfly finger puppets or wings]
- 2) Butterflies will go to each flower (i.e., chair) and sip its spiritual “nectar” (i.e., flower juice)
 - JR: Put paper cupcake flowers on chair tops and pictures of children doing nice things on chair seats (1-38, 1-46, 1-48, 2-23, 2-48, 3-27). Children go to each chair, look at the picture, then sit on it (if time)
 - SR: Sing song with them (probably won't be time)
- 3) Butterflies listen to the song.
- 4) At the end of each phrase, butterflies find a new flower. (In SR, remove a chair each time and that butterfly sits down.)
- 5) We want our butterflies to collect lots of spiritual food.

6) We can love and forgive like Jesus did. (JR: 3 minutes; SR: 1 minute)

TESTIFY: Jesus loves us, so He wants us to be safe and happy. He wants us to follow Him so that he can lead us through the hard things in life back to Heavenly Father.

Postlude: *Search, Ponder, & Pray – 109*

Remind children to stay in their seats until their parents come & do brainteasers w/ them

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