

Singing Time – 7/20/19

I can make my life
as beautiful as a rainbow by
loving others as Jesus Christ does.

Wiggle Songs for Transition Time

145a – A Special Gift is Kindness
266 – If You're Happy (If You Really Love Your Neighbor)
263 – We Are Different
61 – Jesus Said Love Everyone
103 – When I Am Baptized
Music – If the Savior Stood Beside Me

JR. OPENING EXERCISES:	10:10 – 10:15 AM
JR. SINGING TIME:	10:15 - 10:35 AM
SR. OPENING EXERCISES:	10:40 – 10:45 AM
SR. SINGING TIME:	10:45 – 11:00 AM

Transition Time Songs		
Page	Songs	Activities
145a	<i>A Special Gift is Kindness</i>	Actions: Gift – ASL Kindness – Hug self Happiness – Jump up and down Others – Spread hands wide Heart – Fake heart beat with hands Sings – Sing like an opera singer or La la la (@ end)
266	<i>If You're Happy</i> (modified to say: If you want to be like Jesus)	Modified words with activities: If you want to be like Jesus (x2) <ul style="list-style-type: none"> • Say hello (in FLs hel-lo, bon-jour, pri-viet, etc.) • Give a high five • Help a friend (link arms and swing around) If you want to be like Jesus, then you'll try to do what He did If you want to be like Jesus
263	<i>We Are Different</i>	Actions: I love you – point, hug self, point You love me, point, hug self, point We are as different – Stand back to back As the sun and the sea – Hands over head, then wave arms like ocean I'll help you and you'll help me – Shake hands And that's the way it is – Arms spring upward Supposed to be – Hands on hips and nod
61	<i>Jesus Said Love Everyone</i>	Actions: Jesus said - Point upward Love everyone – Hug self then spread arms wide Treat them kindly too – Hands on hips and nod When your heart is filled with love – Hand on heart Others will love you – Spread hands wide & hug self
Music OR 78	<i>If the Savior Stood Beside Me OR I'm Trying to be Like Jesus</i>	With Senior only: Sing reverently

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Key Point	Page	Singing Time Songs	Activities
1 – Heavenly Father is no respecter of persons. He loves ALL of His children.			
SING: <i>Rain is Falling All Around, 241b</i>			
SAY: Sometimes when we are having a really bad day, it feels like our lives are one giant soggy mess of a thunderstorm... <ul style="list-style-type: none">• with rain (make your fingers “rain” like mine),• and wind (wave your arms and twirl around like a big gust of wind),• and lightening (clap hands),• and thunder (stomp feet on floor).			
ASK: Thumbs up or thumbs down: When you are having a bad day like that, do you sometimes feel like Heavenly Father doesn't love you? (Target answer: Yes, sometimes.)			
SAY: The scriptures tell us that “ God is no respecter of persons. ” This means that He loves ALL of His children, including you!			
<i>“34 ¶ Then Peter opened his mouth, and said, Of a truth I perceive that God is no <u>respecter of persons:</u> 35 But in every <u>nation</u> he that <u>feareth him, and <u>worketh <u>righteousness,</u></u> is <u>accepted with him</u>” (Acts 10:34-35).</u></i>			
SAY: The scriptures also say that Heavenly Father takes care of His children and blesses them, even when they're naughty!			
“...he maketh his sun to rise on the evil and on the good, and sendeth <u>rain</u> on the just and on the unjust” (Matthew 5:45).			
ASK: What do you think that scripture means?			
SAY: In order to grow, we all need both sunshine (i.e., happiness) and rain (i.e., sadness). Heavenly Father allows us to have both happy and sad times so that we can grow. Sad times do not mean that He doesn't love us!			
SHOW: “When it rains, look for rainbows!” poster			

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2 – Rainbows remind us that Heavenly Father loves us and always keeps His promises.

SHOW: A picture of a rainbow.

ASK: What is this? (Target answer: A rainbow)

SAY: What makes a rainbow? (Rain and sunshine)

ASK: Can you think of a Primary song you know about rainbows? Sing the first line for me.

SING: *When I Am Baptized, 103, 1st line* (I like to look for rainbows whenever there is rain)

SAY: Did you know that **Heavenly Father uses rainbows to remind us that He loves us, even in the sad times, and that He will always keep His promises** to us? He told Noah that the rainbow is a reminder of His promise that the whole earth will never be completely flooded again.

*“13 I do set my bow in the cloud, and it shall be for a token of a covenant between me and the earth. 14 And it shall come to pass, when I bring a cloud over the earth, that the bow shall be seen in the cloud: 15 And I will remember my covenant, which is between me and you and every living creature of all flesh; and **the waters shall no more become a flood to destroy all flesh**” (Genesis 9:13-15).*

3 – Rainbows remind us that even though being a Christian can be hard sometimes, Heavenly Father promises us big blessings when we follow Jesus after we are baptized.

SAY: When we get baptized by the authority of Jesus Christ, we become **Christians**, or **people who believe in and follow Jesus Christ**. (In the church, we sometimes call this promising to take the name of Jesus Christ on ourselves.)

SING: *Come, Follow Me, #116 OR The Church of Jesus Christ, 77*

Heavenly Father also told Noah that the rainbow is a symbol, or reminder, of His promise to give us many other blessings for keeping His commandments, (e.g., getting baptized).

*“21 **And the bow shall be in the cloud; and I will look upon it, that I may remember the everlasting covenant, which I made unto thy father Enoch; that, when men should keep all my commandments, Zion should again come on the earth**, the city of Enoch which I have caught up unto myself. 22 And this is mine everlasting covenant, that when thy posterity shall embrace the truth, and look upward, then shall Zion look downward, and all the heavens shall shake with gladness, and the earth shall tremble with joy; 23 And the general assembly of the church of the firstborn shall come down out of heaven, and possess the earth, and shall have place until the end come. And this is mine everlasting covenant, which I made with thy father Enoch” [Joseph Smith Translation (JST) Genesis 9:21-24].*

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4 – Rainbows remind us that Heavenly Father sent Jesus to earth to show us how to love everyone, no matter what color they are or how they treat us. He sent us to help others learn that Jesus loves them and that the gospel is true.

SHOW: [Be a rainbow in someone else's cloud meme](#)

Jesus taught us that **we should be nice to other people, even when they are mean to us!** When we are kind to everyone, we are showing others that **Jesus loves them and that the gospel is true.** This is called being Christian (or like being like Jesus Christ).

"44 But I say unto you, aLove your bemies, cbless them that dcurse you, do egood to them that fhate you, and gpray for them which despitefully use you, and hpersecute you;

*45 That ye amay be the bchildren of your Father which is in heaven: for **he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust"** (Matthew 5:44-45).*

SING: *Jesus Said Love Everyone, p. 61 OR I'll Walk With You, p. 146*

5 - Sometimes it is hard to be like Jesus, but when we make a mistake, we can repent.

SING: *Repentance, 98*

6 - Just as rainbows are made with different colors, line upon line, our testimonies are built one choice at a time. The sacrament reminds us that we try to always remember Jesus and keep His commandments, He will send us the Holy Ghost to help us become more like Him.

"3 O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and asanctify this bbread to the souls of all those who partake of it; that they may eat in cremembrance of the body of thy Son, and witness unto thee, O God, the Eternal Father, that they are willing to take upon them the aname of thy Son, and always remember him, and keep his commandments which he hath given them, that they may always have his espirit to be with them. Amen." (Moroni 4:3).

SING: *The Holy Ghost, 105 OR I Feel My Savior's Love, 74*

TESTIFY: Heavenly Father loves all of His children, so He allows us to have both happy and sad times in our lives so that we can grow. He promises us that He will send the Holy Ghost to help us feel His love in the hard times. As we practice keeping His commandments, showing love to others, and repenting when we make mistakes, we will become more like Him and our lives will become as beautiful as rainbows!

CHALLENGE: Write one way you will try to be a better Christian (i.e., more like Jesus) on each color of the rainbow. Each day this week, try to accomplish your goal. Show me your rainbows next week!

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<p>1 - Heavenly Father is no respecter of persons. He loves all of His children.</p>	241b	<p><i>Rain Is Falling All Around</i></p>	<p><i>Rain or Shine</i> 1) Primary children decide if it is going to rain or shine. Rain = hands on hips Shine = hands over head like sun 2) Flip a coin with a sun sticker on one side and a rain sticker on the other. 3) All children who guessed wrong sit. 4) Sing song.</p>
<p>2 - Rainbows remind us that Heavenly Father loves us and always keeps His promises.</p>	103	<p><i>When I Am Baptized,</i> <i>First line only</i> <i>(Use activity for whole song)</i></p>	<p><u>Rainbow Scavenger Hunt</u> (<u>Alternate option</u>) or Sequencing Sing the line, then find picture: Rainbows/rain, earth/clean, baby/soap, medal/Heavenly Father</p>
<p>3 - Rainbows remind us that even though being a Christian can be hard sometimes, Heavenly Father promises us big blessings when we follow Jesus after we are baptized.</p>	#116 77	<p>Come, Follow Me (v. 2) OR <i>The Church of Jesus Christ</i> Enough = ASL Know = Point to head Follow, below = ASL, pt. Traveling, tears = Act out Extends = Arms out Holier spheres = pt. up, then arms in a circle</p>	<p><u>Rainbow Color Toss Game:</u> 1) Toss the beanbag onto the rainbow. 2) The color will tell us how to sing OR will give us a surprise! Red: Give rainbow stickers Orange: Play balloon volleyball Yellow: Color = how to silly sing Green: Actions Blue: Child's choice Purple: Rainbow Treats (Fruit Loops, fruit snacks, Skittles, or Starbursts)</p>
<p>4 - Rainbows remind us that Heavenly Father sent us to earth to show us how to love everyone, no matter what color they are or how they treat us. He sent us to help others learn that Jesus loves them and that the gospel is true.</p>	61 146	<p><i>Jesus Said Love Everyone</i> OR I'll Walk with You</p>	<p>1: <u>Roll a Rainbow:</u> If they are wearing the color I roll or the colored streamer I hold up, they sing that line 2: <u>Rainbow Races:</u> Each child sings a different word (like raindrops that make the rainbow)</p>

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5 - Sometimes, it is hard to be like Jesus, but when we make a mistake, we can repent.	98	Repentance	Rainbow Scarves with Dynamics: Show symbols, connect to storm: 1: Legato: Make a rainbow w/ hand 2: Staccato: Flick fingers then hop like raindrops 3: Accent: Clap like lightening for "repent" "better" and "pray" 4: Diminuendo: Twirl, sit, fold arms
6 - Just as rainbows are made with different colors, line upon line, our testimonies are built one choice at a time. The sacrament reminds us that we try to always remember Jesus and keep His commandments, He will send us the Holy Ghost to help us become more like Him.	105	The Holy Ghost	Rainbow Density Experiment (shared by Sis. Simmons) When Primary masters a line of the song, add a layer of the rainbow by pouring a color over the back of a spoon: 1: Purple (Karo syrup, dyed purple) 2: Blue (blue Dawn dish soap) 3: Green (Water, dyed green) 4: Yellow (Vegetable oil) 5: Orange (Skip this layer, it gets created when you add red) 6: Red (Rubbing alcohol, dyed red)
	74	I Feel My Savior's Love	
Distribute Rainbow Handouts and stickers			Free Rainbow Templates OR Colored Rainbow Handout (2 to a page)
Brain teasers until parents pick up their children			

Other possible activities:

Fizzy cups: Put vinegar in 3 plastic cups, water in 3 others. Get 6 plastic spoons and put a different drop of food coloring on each one. Once the food coloring has dried, put enough baking soda on each spoon to cover it. Allow children to choose a spoon, choose a cup, and stir the spoon into the cup. The color determines how they sing the song, or what question they will answer. The fizz determines a challenge they have to do (like hopping around the room as the song is sung, or their class has to sing the song to the Primary, etc.).

Rainbow Path: Sing each line multiple times. Each repetition earns a Fruit Loop that is a stepping stone on the path toward Jesus (See: [Rainbow Math Game](#))

Rainbow Toss (or Rainbow Trivia): 1) Draw a card. 2) Is the action/scripture story Christian (something Jesus would do) or not? (See: [Rainbow Lollipop Toss \(with cards\)](#))

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Sing a Rainbow: When children master each line, they get to add a jelly bean to the plate. Then sing the whole song to “sing a storm” (i.e., pour the water over the jelly beans) and watch the rainbow appear (See: [Jelly Bean Color Experiment](#))