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| JR. OPENING EXERCISES: 10:10 – 10:15 AM |
| JR. SINGING TIME: 10:15 - 10:35 AM |
| SR. OPENING EXERCISES: 10:40 – 10:45 AM |
| SR. SINGING TIME: 10:45 – 11:00 AM |
| 1. You can tell what kind of a tree you have by the fruit it produces. (1 minute)   “And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so” (Genesis 1:11)  ACTIVITY 1: Think, “PEAR,” Share   1. Think: Look at the fruit pictures. 2. “Pear:” Whisper your favorite fruit into your hand. 3. Share: Tell your partner your answer.   “For the earth bringeth forth fruit of herself; first the blade, then the ear, after that the full corn in the ear” (Mark 4:28).  SING: *Popcorn Popping, 242 (with actions)*  ACTIVITY 2: “Pop” up out of seat every time you hear the word “popcorn” as you do actions  SAY: Do trees really make popcorn? (Target answer: No, their flowers just look like popcorn in the spring.) |
| 1. People can tell that we follow Jesus by the things we do. (2 minutes)   “For every tree is known by his own fruit. For of thorns men do not gather figs, nor of a bramble bush gather they grapes” (Luke 6:44). OR *“Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?” (Matthew 7:16).*   * SAY: When I first moved into my house, I noticed that there were two trees in my backyard. But guess what?! I didn’t know what kind of trees they were. * ASK: How do you think I figured it out? (Target answer: I had to be patient and wait for a few years to see what kind of fruit the tree made.) * SHOW: Pictures of different kinds of fruit trees. * SAY: Think what kind of fruit these bushes and trees make. (Target answers: Answers that match the different pictures.) * SAY: Jesus taught about “hypocrites”—or people who say they follow Jesus, but really don’t. He compared hypocrites to thistles and brambles because they don’t produce good fruit. He told us: “Wherefore by their fruits ye shall know them” (Matthew 7:20).   SING: *The Things I Do (v. 2) – 170 (Fruity Flavors Tree Matching Game)*  ACTIVITY: Fruity Flavors Tree Matching Game   1. Taste the Fruit Loop (or fruit snack). 2. Guess the flavor of the fruit. 3. Find the tree that matches the flavor you tasted. 4. If you get it wrong, you answer the question.  * SHOW: One picture of children fighting and one picture of children sharing. * ASK: Which children are producing “good” or “sweet” fruit?   “Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples” (John 15:8).   * ASK: How can other people tell that we follow Jesus? (Target answer: People can tell that we follow Jesus by the things we do.) |
| 1. Trees need water and sunshine to make fruit, and our testimonies need scriptures and prayer to make fruit. (5 minutes)   “But he that received seed into the good ground is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty” (Matthew 13:23).  ASK: What makes a tree grow? (Target answer: Dirt, water, and sunshine.)  SAY: Listen as we sing this next song to find out what makes our testimonies grow.  SING: *Search, Ponder, & Pray - 109*  ACTIVITY 1: Hi Ho Cherry-o   1. Spin the spinner. 2. Read the number out loud. 3. We will sing the song that many times. 4. Put a cherry on the tree (or take one off) each time we sing.   ACTIVITY 2: Go Bananas Game   1. Sing the song with me. 2. I’m going to sneak the word “banana” into the song. 3. When you hear “banana,” do this [act like a monkey]. 4. When you see the banana, go back to singing.   ASK: What makes a testimony grow? [Target answer: Dirt (our soft hearts when we have hard experiences), water (reading scriptures/listening to leaders), and sunshine (prayer)].  **SAY:** As trees grow, they change. Their trunks get bigger, they grow more branches, and they make more fruit. The more we keep the commandments, the stronger our testimonies get and the more good things we can do. When we change like this, it is sometimes called “repentance.” |
| 3) I can tell my testimony is growing when I repent (or change). (JR: 5 minutes, SR: 3 min.)  “Bring forth therefore fruits meet for repentance:” (Matthew 3:8).   * SHOW: One picture of a healthy apple and one picture of a rotten apple. * ASK: Which apple would you like to eat? Which apple would taste best?   “Even so every good tree bringeth forth good fruit; but a corrupt tree bringeth forth evil fruit” (Matthew 7:17 OR 3 Nephi 14:17). (Good thoughts and desires = good fruit)  “For a good tree bringeth not forth corrupt fruit; neither doth a corrupt tree bring forth good fruit” (Luke 6:43). (Negative thoughts and desires = bad/rotted fruit)   * SHOW: Pictures of thoughts + words + actions = fruit * SAY: Our actions usually start out as things we think and say first. If we want good things and think happy thoughts, we produce “good fruit.” If we think about how to hurt other people, think sad things, and say angry words all the time, our fruit will be bitter too.   SING: *Keep the Commandments, 146*  ACTIVITY 1: I Heard it Through the Grapevine   1. Listen as your teacher whispers part of the song to you. 2. Whisper it to the next person in your class. 3. Keep doing it until the end of the row. 4. When we sing the song, your class only sings their line.  * SAY: The more we stay connected to the “vine” of Jesus Christ, the easier it is for us to get the spiritual nourishment and strength we need to keep the commandments.   ACTIVITY 2: Grape Relays   1. Get a spoon from your teacher. 2. Sing the song with me. 3. Pass the grape down your row using only your spoons. 4. Before the song ends, get the grape to the end of your “vine” (i.e., row). |
| 4) When we try to follow Jesus every day, we will become more like Him (i.e., repent/change/produce good fruit) which will help us “receive the Holy Ghost.” (5 minutes)  “And because of your diligence and your faith and your patience with the word in nourishing it, that it may take root in you, behold, by and by ye shall pluck the fruit thereof, which is most precious, which is sweet above all that is sweet, and which is white above all that is white, yea a, and pure above all that is pure: and ye shall feast upon this fruit even until ye are filled, that ye hunger not, neither shall ye thirst” (Alma 32:42).  “My fruit is better than gold, yea, than fine gold; and my revenue than choice silver” (Proverbs 8:19).  ASK: What blessings does Jesus send when we keep the commandments?  “He that is faithful, the same shall be kept and blessed with much fruit” (D&C 52:34).  “Now behold, we can look forth and see the fruits of our labors; and are they few? I say unto you, Nay, they are many; yea, and we can witness of their sincerity, because of their love towards their brethren and also towards us” (Alma 26:31)  SING: *The Holy Ghost, 105*  ACTIVITY 1: [Upset the Fruit Basket](https://www.thegamegal.com/2011/04/30/fruit-basket-game/)   1. Sing the song with me. 2. If I sing a fruit, shift one seat to the right (or trade places with a friend if I say your fruit).   ACTIVITY 2: Harvest Relays   1. Line up with your class here. 2. Take turns running to the tree and picking a fruit. 3. Run the fruit to the fruit basket. 4. Give the spoon/tongs to a new person. 5. Before the song ends, try to harvest all the fruit.   SCRIPTURE: “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith…” (Galatians 5:22).  ASK: What do you think that scripture means?  SAY: As we try to be like Jesus, He sends the Holy Ghost to help us know what to do, how to change, and to tell us that He is happy that we are trying so hard. |
| 5) We should thank Heavenly Father for the help and blessings He sends. (JR: 6 minutes; SR: 1 minute)  “By him therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name” (Hebrews 13:15).  SAY: As we sing this song, think about how Jesus helps you feel that He loves you.  SING: *I Feel My Savior’s Love, 74*  ACTIVITY 1: Orange Juice Squeeze   1. Primary sings the song. 2. Primary twists back and forth to make OJ. 3. Helper roll oranges into buckets before end of song. 4. If helper succeeds, they get a drink of OJ.   ACTIVITY 2: Please Pass the Peaches!   1. Sing the song with me. 2. Pass the fake peach while we sing. 3. Get the peach to the front before the song ends.   ASK: How do you feel Jesus’s love for you? |
| “…who planteth a vineyard, and eateth not of the fruit thereof?” (1 Corinthians 9:7).  “Therefore shall they eat of the fruit of their own way, and be filled with their own devices” (Proverbs 1:31)  TESTIFY: Other people can tell that we are following Jesus by the things we say and do. When we try to be like Jesus, He sends the Holy Ghost to help us change and to tell us that we are doing a good job of trying. The more we feel Jesus’s love, the more we want to do what is right (or produce good fruit) and the more we will want to share that good fruit with others so they can be happy too. As we do, we will live in a very happy world!  POSTLUDE: *I’ll Walk with You, 140* |

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| Transition Time Songs | | | |
| Scripture | Page | Songs | Activities |
| Junior | 241a | *Birds in the Tree* | Actions |
| Both | Music | *Father’s Day Medley* | Review with actions |
| Both | 107 | *Listen, Listen* | Dynamics/Fast-slow |
| Both | 148 | *I Want to Live the Gospel* | JR: Chorus, SR: All  Stand on “live” and “try” |

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| JR. TIME | SR. TIME | Page | Singing Time Songs | Activities |
| 1 min. | 1 min. | 242 | *Popcorn Popping* | Actions & pop up on “popcorn” |
| 2 min. | 2 min. | 170 | *The Things I Do (Verse 2)* | 1: Think, PEAR, share  2: Fruity Flavors Tree Matching Game |
| 5 min. | 3 min. | 109 | *Search, Ponder, & Pray* | 1: Hi Ho Cherry-o  2: Go Bananas |
| 5 min. | 3 min. | 146 | *Keep the Commandments* | 1: I Heard it Through the  Grapevine  2: Grape Relays |
| 5 min. | 4 min. | 105 | *The Holy Ghost (Verse 1)* | 1: Upset the Fruit Basket  2: Harvest Relays |
| 2 min. | 2 min. | 74 | *I Feel My Savior’s Love* | 1: Orange Juice Squeeze  2: Please Pass the Peaches! |
|  |  | 140 | *I’ll Walk With You* | Sing as we exit |