

I Can Say I'm Sorry Lesson Plan (Primary 1: Lesson 29)

Introduction

MISTAKES POWERPOINT (attached as a PDF b/c the ppt was 8 MB long)

- Show each picture
- Ask: What mistake did this little boy/girl make?
- Let children answer the question
- Ask: How can they fix their mistake?
- Say: Everyone makes mistakes. When we make a mistake, we should say we are sorry and try to fix our mistake.

Sometimes we do things that are wrong

TRAVIS & MATT STORY

- Discuss making choices (per the lesson manual on p. 95).
- Say: "By making wrong choices, we may make ourselves and other people unhappy."
- Tell the story (using the Interactive Cues for Travis & Matt Story)
 - Circled Word = Put the corresponding picture on the floor (using Pictures for Travis & Matt Story)
 - Underlined Word = Point to the picture on the floor and children say the word
- Ask the comprehension questions at the end of the story

We should say we are sorry

INTERACTIVE DEMONSTRATION

- Place a large plastic tablecloth on the floor
- Put a large (light colored) bowl on the floor
- Fill the bowl with water
- Ask: What are some naughty/wrong things that you or your brothers and sisters have done?
- As each child answers, allow him/her to shake some black pepper into the bowl
- Ask: How do you feel when you do something wrong?
- Point out that just as the pepper is making the water dirty, we start to feel bad inside when we make wrong choices
- Ask: What can we do to make the bad feelings go away?

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- Put a drop of dish soap on the tip of your finger and put it in the water (The pepper will speed to the edges of the bowl, leaving the water in the middle of the bowl clear)
- Explain that when we say sorry and try to fix our mistakes, the bad feelings go away (just like the pepper did)

STEPS TO REPENTANCE

- Post each of the 4 pictures on giant, black footprints
- Use them to review the steps to repentance with children
- Say the activity verse with children on p. 96 of the lesson manual

We should do our best to correct the wrong

VIDEO

- Play the video on a laptop: <http://www.lds.org/media-library/video/book-of-mormon-stories?lang=eng&query=alma+younger#2010-12-18-chapter-18-alma-the-younger-repents>
- If you are pressed for time, tell the first part of the story, then start the video at 2:15 and let it play until 3:14.
- Ask the comprehension questions

JUMP THE LINE

- Put a long strip of masking tape on the floor
- Tape a happy face on the left side of the line
- Tape a sad face on the right side of the line
- Give children a variety of situations
- Ask them to jump to the correct side of the line if the action would make them happy/sad
- When children are on the sad side of the line, have them say "I'm sorry!" and/or give suggestions for correcting the mistakes, then jump to the happy side
 - Your baby brother takes your toy so you bite him.
 - Your sister wants to taste your cookie so you give half of it to her.
 - Your mommy tells you not to throw the ball in the house, but you do anyway and it breaks something.
 - Your daddy tells you not to touch his tools, but you took one outside to play with and lost it.

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- Your baby sister is crying and so you give her a hug.
- Your mommy is tired so you help her clean up all the toys.
- Your sister doesn't like it when you go in her room, but you do anyway.

PUPPETS

- Give each child a puppet
- Put children in pairs
- Give children one of the scenarios listed on p. 97 of the lesson manual
- Have them act out the scenario with their partners (i.e., The teacher says, You friend is being mean to you so you hit him. Children act it out with the puppets. Hitting your friend made you feel bad inside, so you say, "I'm sorry!" Children act it out with the puppets.)

Heavenly Father and Jesus love us even when we do wrong things.

When we say we are sorry and try to fix our mistakes, we grow into better people.

SONG & COLORING PAGE

Play the song "Repentance - #98" as children color this

page: <http://greenjellowithcarrots.com/shop/images/stories/virtuemart/product/i%20can%20say%20sorry%20coloring%20page.pdf> OR make this

bear <http://churchbabies.blogspot.com/2007/09/29-i-can-say-im-sorry.html>